

## Russell Village WI

The Members of Russell Village WI (Eastern Area) have an idea for you to consider for your next ROSE Session: Your own Backyard Geo-Orienteering Adventure. Russell Village WI Member, Ina Henry, and her family own a beautiful piece of property that banks onto the Castor River. She suggested that Branch Members take a nature walk to view the Village of Russell from the other side of the river. Ina pointed out plants of interest, from walnut trees and endangered species of trees to historical landmarks and indications of a time long ago. The ladies continued along about a ½ km to her family gardens in which they grow many varieties of plants and, of course, her famous garlic gardens. Then, they all took part in a Geo-Quiz on her gardens. It was a wonderfully relaxing and informative evening which concluded with homemade rhubarb punch and rhubarb crisp! It was natural, it was good exercise, it was so relaxing - and it was free! Literally, right in her own back yard!



*Above: The adventurous Members of Russell Village WI!*

## Langton WI

The Members of Langton WI (Hamilton Area) hosted a ROSE Session on the topic of Healthy Eating with Epicure Representative, Leona Milne. Each Member contributed an item for the local food bank and proceeds were also donated to Pennies for Friendship.

*Right: The Members of Langton WI make time for tea at their ROSE Session.*



## Blackstock WI

This year marked the 100th Anniversary of International Women's Day! The Members of Blackstock WI (Central Area) and two other Branches decided to attend an International Women's Day Tea Party sponsored by Bev Oda, MP for Durham. They also chose to make this their WI Tea Party to celebrate 114 years of WI!



*Left: The Blackstock WI ladies celebrate International Women's Day!*

