# Information ... Information ... Information....

### Tweedsmuir Competition Winners

Community History

1st - Ramsay WI, Lanark North 2nd - Model WI, Middlesex West

1st - Sally Blacker, Glengarry 2nd - Irene Mereweather, York Centre

Cultural

1st - Dorothy Shupe, Rainy River 2nd - Verna Sewers, Bruce East

#### Please Note

In the last issue of **Home &**Country a list of resources to help
deal with the health and legal
aspects of retirement were outlined.
Due to a shortage of space, those
dealing with financial and leisure
aspects of retirement planning will
be printed in the next issue.

### Agricultural Leadership Program

The fourth class of the Advanced Agricultural Leadership Program (AALP) is scheduled for September, 1991. AALP is designed for men and women, approximately 25 to 40 years old, who are in the early stages of a leadership career. The program consists of 9 three-day seminars, a two-week North American travel seminar and an international study travel experience, spread over a two-year period.

If you would like to develop your leadership skills to serve agriculture and the agri-food industry, then find out more about this dynamic program and the selection procedure. Deadline for applications is April 30. For more information contact AALP Executive Director, Patricia Mighton, Box 1030, Guelph, Ontario, N1H 6N1, (519)767-3503.

#### Fun Days at the Lee!

Reserve the following dates in 1991, and participate in a variety of events to be held at the Erland Lee (Museum) Home in Stoney Creek.

Hands-On Heritage Craft Day -Saturday, April 27 Women's Institute Days

-Tuesday, June 4

-Wednesday, June 5

Victorian Tea

-Saturday, August 24

Harvest Festival

-Wednesday, October 2

-Thursday, October 3

Christmas at the Lee

-Wednesday, December 4

#### New Video Offered

Looking for different ways to add fiber to your diet? Then this new video - "Fiber Fabulous Pulses: Adding Peas, Beans and Lentils to the Canadian Diet" - is for you.

Part one of this two-part videotape discusses what pulses are and introduces viewers to the variety of pulses available in Canada. Part two outlines the basic cooking principles of pulses and provides examples on how to include them in your meals. The video is available from the FWIO Office, P.O. Box 1030, Guelph, N1H 6N1, 519-767-3510.

## WI Members Awarded Scholarships

Providing tangible opportunities for its own members is part of the work of the Federated Women's Institutes of Ontario (FWIO). Since the time of their 90th anniversary celebrations, the FWIO has awarded \$500 scholarships to help WI members pursue higher education. In today's economic climate and competitive job market, many Women's Institute members have gone back to school to update their skills.

Meet the 1990 winners of the 90th Anniversary Scholarships:

Judith Almond-Best of Madoc, a member of the Queensborough WI, has been studying on a part-time basis at the University of Waterloo and the University of Ottawa. She is working towards a B.Sc. in Nursing and wants to work as a Community Health Nurse; an occupation she feels has great scope, variety and challenge.

Linda Bowen, an Edenvale WI member from Minesing, is presently enrolled full-time at Georgian College. She hopes to gain up-todate knowledge and skills, and eventually land a job in the area of General Office Administration.

Jeanette Fleischer, a Bear Creek WI member from Wyoming, wants to obtain a General Arts and Science Certificate from Lambton College in Sarnia. She has been attending part-time, and hopes to work as a Counsellor for abused women and children or as a Recreational Director in a nursing home.

Marg Harris, from Ilderton, and member of the South Lobo WI, has been up-grading her skills in Word and Data Processing at Westervelt School of Business in London. As a WI member she has been introduced to many different learning experiences, and now Marg would like to contribute even more to her community with her newly gained skills.

Beverly Pickard, a member of the Gordon's WI from Gore Bay, is aiming to become a Food Services Supervisor. She has partially completed one year of the two-year correspondence course offered through the Canadian Hospital Association.