



A 4-H Foods and Nutrition Leaders' Forum was held in Toronto at the beginning of March. Several WI groups helped to sponsor the event — Central Area, Guelph Area, Eastern Area, Junior Women's Institutes of Ontario, York Centre District, and Vandorf Branch. Pictured above is Federated Women's Institutes of Ontario President-Elect Peggy Knapp (right) presenting a cookbook to 4-H leader Monica Giles of Nippissing.



Fullarton Women's Institute held two workshops, both relating to wool, in November. Members spent five hours learning about washing wool, dyeing, carding, spinning, knitting insulated mitts, learning knitting and embroidery stitches, making samples and joining seams on squares for afghans and sweaters. Pictured with some of their woolly wares are (from left to right) Lillian Smith and Beulah MacDougald, coordinators; Bonnie Follings and Sharon Poll, workshop leaders; and Marilyn Morris, Fullarton WI President.



Donegal WI donated their share of the profit (\$564.52) from the official catering tent at the International Plowing Match and Farm Machinery Show to the Sunshine Van Fund (a special bus for use by handicapped people) in Listowel. The cheque was presented by branch president Helen Erwin (right) to Mrs. Lee Struthers, a patient resident of Listowel Memorial Hospital and the first secretary of Donegal WI.



Rossllyn WI held an international pot luck supper recently. Dishes included Native wild rice casserole, Italian lasagna, Polish potato casserole, Ukrainian swiss chard rolls, and several others. Pictured from left to right are Joan Morrison, Marina Lawson, Joan Hodgson, Jean Rogers, Lila McLaren, Pauline Naida, Evie Ratz, Effie Zumsky, Susan Milne, and Lena Hearn.

Congratulations . . .

Congratulations to the following groups on their recent anniversaries.

Alton WI, Peel North	85
Moyle WI, Brant North	85
Puslinch WI, Wellington South	85
St. George WI, Brant North	85
Lansdowne WI, Leeds East	80
Cedar Hill WI, Lanark North	75

Corunna WI, Lambton Centre	75
The Maple's WI, Dufferin South	75
Zurich WI, Huron South	75
Apsley WI, Peterborough	60
Bruce East District	50
Star of the North WI, Sudbury	40
Williscroft WI, Bruce East	40
Malcolm WI, Bruce East	35
Hudson WI, Temiskaming South	25
Jackson WI, Bruce East	25