...information..

Quilt contest in Huron



Huron County Ontario Ministry of Agriculture and Food staff are organizing a quilt contest to celebrate the ministry's centennial this year. If you are interested in learning more, contact Jane Muegge, Ontario Ministry of Agriculture and Food, Clinton, N0M 1L0 or call toll free 1 800 265-5170 or 482-3428.

WI supply list to FWIO PRO

Many branches, districts, and even areas, have Women's Institute items that they sell, eg. car decals, plates. There is not a complete list of what is available, and FWIO Public Relations Officer Geraldine Campbell has received several enquiries. As a result, Geraldine would like to organize a list. Please send her a listing of your sales items by the end of July. The list should include the following: product description — size, shape, color cost postage cost, if any who to write to anything else you might consider important.

Geraldine's address is P.O. Box 103, Ridgetown, NOP 2C0. She will have the complete list available through area public relations officers by area convention time.

Helpful booklets

Here are several publications you may be interested in obtaining.

LIVING SAFETY

This is Canada's only family safety magazine. It covers all aspects of home, child, traffic and recreational safety. It is produced by the Canada Safety Council, is quarterly and costs \$7 per year. Write to the Canada Safety Council, 1765 St. Laurent Blvd., Ottawa, K1G 3V4. Quantity discounts apply on orders of 10 or more.

HELPING YOU HELPS ME: A GUIDE BOOK FOR SELF-HELP GROUPS

Published by The Canadian Council on Social Development, this handbook for self-help groups is available in English and French at a cost of \$3.50. Write to CCSD Publications, 55 Parkdale Ave., P.O. Box 3505, Station C, Ottawa, KIY 4GI.

KEEP THEM SAFE

This brochure informs parents about child restraint systems, appropriate to various age groups, and includes a special section on shopping for a child restraint system. Write to Road Safety and Motor Vehicle Regulation, Transport Canada, Ottawa, K1A 0N5.

Child care strategy

The Government of Canada has developed a child care strategy. For copies of the National Strategy on Child Care, write to National Day Care Information Centre, Health and Welfare Canada, P.O. Box 9118, Ottawa, K1G 3T8.

Update on Farmer's Helpline

Since 1985, the Farmer's Helpline has provided Ontario farm families with information on where to go for family and stress counselling, where to get legal information and how to

get professional assistance in assessing their farm. As of January 1988, the helpline has received 3,225 calls. Twenty percent of the calls were anonymous. In 1987, 27 percent of the calls were from cash crop and tobacco farmers. Beef was next with seven percent of the calls.

The helpline can be accessed 24 hours a day, seven days a week. For more information, call toll free 1 800 265-1511.

Rural Mental Health Conference

The first International Rural Mental Health Conference will be held June 20-24, 1988 at the University of Guelph. The conference intends to bring together mental health professionals and other interested people to explore ways of tapping resources within ourselves, our communities and our social systems to promote mental health in rural communities. For more information, contact Alice Shaw, 680 Kirkwood Drive, Sudbury, P3E 1X3 705 675-9192.

Videos from NFB

The National Film Board (NFB) now has videos available for rent. A catalogue, called Video with a Difference, can be obtained by calling or writing to your nearest regional NFB office which is listed in the blue pages of your phone book.

Twenty-three topics are covered by the videos which can be rented for \$2 each per day. Videos can be reserved by mail or phone.

