

# What's happening...

## MONKTON WOMEN'S INSTITUTE

A large crowd recently attended a healthy aging seminar organized by WI member and St. John Ambulance instructor Betty Osburn, and Helen Young a local RN. The course included a lecture and discussion of aging and health; facts on visiting the doctor; food awareness; and drug information. A physiotherapist led and instructed a mild exercise session. A public health nurse discussed foot care, mouth care and other services offered by the Perth County Health Unit for seniors in their own homes. A continuation of the seminar is planned.



## SAURIN WOMEN'S INSTITUTE

The Sara Vista Nursing Home in Elmvale, has acquired a new commode chair through the joint efforts of Saurin WI and the local IGA grocery store. The Elmvale IGA supports community projects by donating \$1 for every \$300 worth of groceries purchased at their store. Members of the branch save a total of \$114,000 in cash register tapes.

*Since Orford Township School first opened in 1966, the flowers in the troughs hadn't been changed, but this year the Palmyra WI replaced the fading plastic flowers and put in fresh, green, silk plants. The plants are expected to last many years. The money was raised from a dessert and card party. Representing the Women's Institute from left to right are Mrs. J. Gillard, Mrs. J. Quinton and Mrs. Vonda Hillman.*

## PERTH NORTH WOMEN'S INSTITUTE

This district held a workshop at the beginning of March for all public relations officers, program coordinators and secretary-treasurers of branches. New handbook changes and duties of the various officers were discussed.

## ONONDAGA WOMEN'S INSTITUTE

The members of Onondaga WI feel that the Safe Water for All project is extremely important in relieving the health problems in many countries. This year, the branch sent \$300 to support this project.

Each year, this branch holds a special meeting at a local retirement lodge. Residents enjoy an afternoon of activities.



*Pictured above are FWIO Board Director Erma Bennett (right) presenting a cheque to the Florence P. Eadie Scholarship winner Colleen Acres. Colleen was presented with her award at the December meeting of Osgoode Women's Institute. Colleen is the Dundas Dairy Princess. She is currently attending Queen's University in Kingston.*