

Conference for disabled farmers

The National Disabled Farmer's Conference is planned for Nov. 25 to 27 in Regina this year. The conference will concentrate on how the needs of disabled farmers and families will be met in years to come, and how farm families have a say in retaining their independent spirit. The theme for the conference will be Shifting Gears.



Registration is \$25 for disabled farmers and \$75 for professionals in rehabilitation fields. For more information, contact Tom Kennedy, conference co-ordinator at the Canadian Paraplegic Association (Saskatchewan Division), #3 345 Third Ave. South, Saskatoon, S7K 1M6, 306 652-9644.

Free booklets

Here are some free booklets dealing with a variety of topics which may interest readers.

***Coping with Bereavement** — this eight page booklet offers advice on how you can help a bereaved person as well as suggestions on how to cope with such a loss yourself. Write to the Canadian Mental Health Association, 2160 Yonge St., Toronto, M4S 2Z3.

***Mortgage Wise** — this 48-page book guides you through the steps involved in buying a home. A sample mortgage application form is included. Write to the Canadian Bankers' Association, P.O. Box 1500, Station A, Toronto, M5W 2N8.

***Your Health and Driving** — every week close to 100 Canadians die in car

accidents. This booklet tells how to reduce the risk of having a car accident, and includes a chart that shows how even a few drinks can render you legally impaired. Send a self-addressed, stamped envelope to Metropolitan Life, Health and Safety Education, 99 Bank St., Ottawa, K1A 4A3.

Program ideas

Are you looking for something to spice up your program? Consider these videos, available from the Ontario Ministry of Agriculture and Food Film Library, University of Guelph, Guelph, N1G 2W1, 519 824-4120 ext. 3324.

FWIO — Let There Be Light
 Common Sense Nutrition
 Women's Issues and Concerns
 ACWW — 17th Conference
 in Vancouver
 It's Just Your Nerves
 Maple Syrup
 Women's Magazine
 Women in Trade and Technology
 People Patterns
 Lee Harvest Days

Status of Women info is free

The Canadian Advisory Council on the Status of Women has many publications available to the public. Background papers, books, briefs, booklets, factsheets and brochures are all free of charge. For more information, write to the Canadian Advisory Council on the Status of Women, 110 O'Connor St., 9th Floor, Box 1541, Station B, Ottawa, K1P 5R5.

Fair brochure, vacation farms now available

Copies of the 1987 Ontario Vacation Farm Directory and the 1987 Fairs and Exhibitions Brochure are now available at your local Ontario Ministry of Agriculture and Food office.

Free film from Canadian Cancer Society

The Canadian Cancer Society has a film readers may be interested in borrowing. The *Feminine Mistake* is a 25-minute movie which takes a realistic look at what happens to women who smoke. It aims to leave the viewer convinced that there is no good reason for either beginning or continuing the smoking habit. Accompanied by a user's guide, *The Feminine Mistake* is also appropriate for male audiences. It is available in English (#208966) and French (#208968). The film is available on loan, free of charge, from your local chapter of the Canadian Cancer Society. To order, simply give the film's number. (The Canadian Cancer Society also has a number of films directed at youth.)

JWIO conference

The Junior Women's Institutes of Ontario are holding their annual provincial conference Oct. 16 to 18 in Caledonia at the Presbyterian Church. Time management, cooking with chicken, and a fashion show are just part of the agenda. Registration is \$30. For more information, contact Barb Patterson, R. R. #2, Caledonia, N0A 1A0 or phone 416 765-2197.

New factsheets from OMAF

Several new factsheets are available from the Ontario Ministry of Agriculture and Food. They are:

So You've Been Asked To Speak
 Working With Volunteers
 Effective Meetings
 Promoting Your Organization's Activities
 Preparing and Presenting a Brief

For your copies, please contact your local ministry office.