

# Ideas for your potpourri

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In the last issue I wrote about making your own potpourri from dried flower petals. Now I'm giving you some suggestions for using that wonderful mixture to remind you of your favorite summer perfumes all winter long.

## Room Freshener

The simplest way to use potpourri is in an open, shallow bowl, wherever you wish to add fragrance.

## Sachet

### 1) Pouch style

- Cut two squares of tulle, net or lace fabric approximately 8 to 12" (20 to 30 cm) square. Place one diagonally over the other (diagram 1).
- Put 1/4 to 1/2 cup (75 to 125 mL) potpourri mixture in centre. Draw up corners and tie with a ribbon.

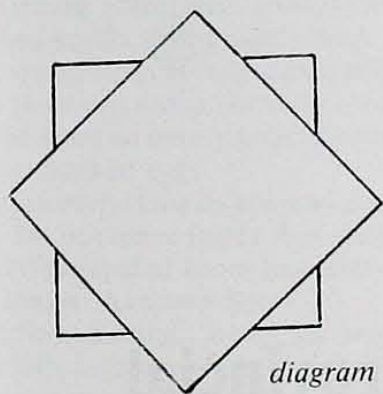


diagram 1

### 2) Pillow style

- Cut two squares of fabric the size of the sachet plus seam allowances (e.g., 3" x 3" + 1/4" on each edge for seam allowance, or 8 cm x 8 cm + 1 cm on each edge). Use lightweight brocade, silk, taffeta, cotton print or any other dainty scraps.
- Sew squares right sides together by machine, leaving an opening on one side for turning.
- Stuff corners with polyester fibrefill or scraps of quilt bat-

ting, and stuff centre section of sachet with potpourri mixture. Or, use enough potpourri to stuff the entire sachet.

- Slip stitch opening shut.

## Wall Decoration

### Materials:

wooden or plastic embroidery hoop  
lace or net fabric (old lace curtains are fine!)

narrow ribbon for bow  
colorful potpourri mixture, about 1/4 cup (75 mL)

The larger the pieces in the mixture the better — they won't fall out through holes in the net.

optional

— dark colored fabric or paper

— ruffled lace trim.

Method 1 — This arrangement is not permanent. Hoop can be removed and mixture replaced.

- Cut two circles of lace or net 2" (5 cm) larger than the hoop all around. (If hoop has a 5" diameter, the circle will be 9" in diameter.)
- Place lower section of hoop on table. Centre one circle of lace on hoop. Place potpourri mixture in centre of hoop on lace. Lay second lace circle exactly over first circle. Put on upper section of hoop and screw tightly. Petals will be enclosed between two layers of lace.
- Make a ribbon bow and attach to hide screw on hoop. This is the top of the decoration.

Method 2 — This arrangement is permanent, as the parts are glued together.

- Cut a circle of dark colored fabric or paper the same size as lower section of hoop. Glue to back of lower hoop around edge.
- Place potpourri mixture inside hoop on the paper. Centre one circle of lace, cut 1" (3 cm) larger than the diameter of the hoop, over hoop and potpourri.

- Attach upper section of hoop and screw tightly. On back, spread glue on edge of paper and inner hoop, and press excess fabric to glued area all around the edge. When dry, trim away extra fabric.

- A lace ruffle may be glued to back of hoop, to extend outwards framing the hoop.
- Make a ribbon bow and attach to hide screw on hoop. This is the top of the decoration.

The dark backing on this version shows up the pattern of the lace or net better than Method 1 does, especially if the decoration will be hung on a pale colored wall.

