

A lilac tea was held to celebrate the 60th anniversary of Bloomfield Library which Bloomfield WI managed from the 1920's until it was taken over by the Ontario Regional Library System.

AGRICULTURE AND CANADIAN INDUSTRIES

Mrs. Thelma Allen

Agriculture is big business in Ontario. It employs one person in every five in some form of related commodity. The pros and cons of marketing boards and quota systems make for good discussion.

With over 2,000 accidents on farms yearly, agriculture ranks third in time lost through injuries. A farm safety consultant presented a film *What Matters Most* which deals with occupational health and stress. Ear plugs are recommended when using noisy machinery to prevent loss of hearing. The film *It's Nice to Hear* illustrates this and other features of noise pollution.

Dairy farmers pay over \$9 million a year for milk advertisements. Are the consumers aware of the producers' costs re: advertising?

A letter was forwarded to the Temiskaming Board of Education requesting the promotion of agriculture science and personal finance within the schools. All principals were sent informative materials on these subjects.

Do you know about property rights? Are they being taken from us? Resource speakers and discussion could prove enlightening.

Ontario has adopted the White Pine as its provincial tree. A good resource book is *White Pine* from: Ministry of Natural Resources
M.G.S. Publication Services
5th Floor, 880 Bay Street
Toronto, Ont. M5S 1Z8

Cost \$5.50 — cheque payable to Treasurer of Ontario.

Program Materials Available

Year of the Youth 1985

Pamphlets — Child Abuse Prevention (Ont. Ministry of Community and Social Services, see blue pages in your phone book).

Latch Key Children

Local library, newspaper, printed material from F.W.I.O. Convenor

Support for Family Violence Victims

Information available from —
Ontario Women's Directorate
Room 1201, 12th Floor
56 Wellesley Street West
Toronto, Ontario
M7A 2B7

Crime Prevention Pamphlets

— from nearest O.P.P. detachment
Protection for Senior Citizens
Who's in Your Cottage?
Neighborhood Watch
Fraudulent Cheques

Women

Violence Against Women
Women's Political Status
Brochures available from:

P.O. Box 1541
Station B
Ottawa, Ontario
K1P 5R5

Films

"History of World Food Day"
"Workshop for Peace" —
Unitarian relief (30 minutes)
"Beyond All Barriers" — UNICEF
film — children of U.N.
"Clean Water for the World"

It is estimated that at the present rate of acid rain pollution, another 4,800 lakes in Ontario will end up barren in 20 years. Study causes, effects and what is and is not being done. Speakers from Natural Resources; O.M.A.F.; newspaper clippings; geography teachers; school text book *Canada: Land of Diversity*; Harrowsmith #27 — *The Acid Earth*; *Still Waters* from public libraries or the Ministry of Natural Resources are all good information sources.

Cottage industries are multiplying. People are turning their creative talents and hobbies into profitable businesses.

Farm Widows Disaster Policy — Are you prepared?

— review of wills, estate planning, property evaluation, accounts and income tax laws, business agreements, power of attorney and also emotional involvements. Resources are lawyers, insurance companies, real estate personnel, doctors.

(Mrs. Allen represented F.W.I.O. at the "Women in Food Production" Conference sponsored by Canadian Council for International Cooperation in June 1984.)

FAMILY AND CONSUMER AFFAIRS

Mrs. Gladys Griffith

Home and Money Management

A common theme was, A dollar doesn't do as much as it used to, but then, do you? Your rights for honest and fair agreements were discussed — check the reputation of the company, read warranties, guarantees and save receipts. Learn how to complain effectively.

Other topics to consider are; use of credit, older women and finances, credit ratings, budgeting, and leisure time management.

4-H Clubs

These continue to hold an important place in the work of the Women's Institute.

Most gifts for special achievements are contributed as well as members volunteering their time. Invite local clubs to put on a program once a year.

Health and Safety

Topics discussed were bicycle riding, pop bottle explosion, diabetes, chemical dependency, prescription drugs and their side effects, volunteer work for the blind, handling pesticides safely, smoke detectors, and ambulance attendants. Other topics to consider are chiropractors, breast self-examination, all aspects of farm safety, fitness, VON work in the community, home care and all aspects of social work.

Public Health Units have a film entitled *The Middle Years* and also information on alcohol, drugs and tobacco and how they affect young people and women.

Foods and Nutrition

Canada's Food Guide and a slide presentation from O.M.A.F. on food processing were two topics covered. Food labels should be studied. Bee pollen has been analysed and found to contain all amino acids, vitamins, minerals and enzymes needed by the human body to maintain good health.

Food additives — are they a threat to our health?

Discussion on fibre and calcium in the diet.

Studies re: fad dieting, health foods and anorexia.