

aim is to create public awareness of the long-term world food problem and so strengthen the resolve to overcome it and end hunger, malnutrition and poverty.

Mr. Wm. Urquhart, a retired dairy farmer from Wainfleet Township, trustee of the Freedom From Hunger Foundation, and his wife, gave an illustrated address on their work in India and Sri Lanka. Mr. Urquhart was working with Agricultural organizations in crossing Canadian Holsteins and Jerseys with native cattle, attempting to increase the production of milk. With the success of crossbreeding, it is hoped that milk will supply a constant source of good nutrition. A cheque was presented to the Canadian Hunger Foundation in appreciation.

Mrs. Fred McCutcheon, President of Welland East, chaired the event and introduced special guests including, Mrs. E. J. Wilson, FWIO Board Director, Mrs. S. Kees, President of Welland West, Mrs. Victor Beachin, Hostess, Erland Lee (Museum) Home, Mrs. Paul MacLeod, Vice-President, Stevensville Junior WI, and Mrs. Frank Hagar, Honorary President of Welland East District.

A surprise skit 'The Headless Awards' was presented to the amusement of all.

EASTERN AREA RALLY

More than 350 Women's Institute members from Sub-divisions 1-2-3, attended a rally held at the South Carleton High School.

The theme of the meeting was 'Around the World with ACWW'. All members of the WI are automatically members of the organization which has a membership of nine million women from 74 countries.

The first speaker was Mrs. Florence McCaffrey, President of Ottawa Area. She compared the ACWW to a chain of friendship that reaches around the world, spreading love and understanding.

Mrs. Janet Hiepleh, President of FWIO, gave an address on raising the living standards for rural women in less fortunate countries. And, Mrs. Bernice Noblitt, President-elect, FWIC, talked about the structure of ACWW.

Audrey Renton wrote and presented an historical sketch on ACWW. Later in the meeting she and Nyamme Samuels took the audience on a musical journey of folk music through the British Isles, America and Canada. The Navan WI presented a fashion show.

The highlight of the day occurred when past deputy-president of ACWW, Dr. Irene Spry, now a co-opted member spoke about the need for women to help each other. Hand-outs are not the answer. Information has been sent out to some under-developed countries on sanitation, how-to-make bricks, and nutrition for growing children. Much more information is needed on how to utilize their local resources.

She went on to explain how ACWW is involved in sponsoring nutrition training, child care, handicrafts, basic home economics, literacy, citizenship and conservation of human and natural resources. ACWW has also been assisting in such pilot projects as leadership training schemes and basic training courses.

Mrs. Ethel Collins, former FWIO Board Director conducted an impressive ceremony for Pennies for Friendship, explaining that more than 75% of ACWW expenses are paid from this voluntary fund. A collection amounting to \$114.40 for pennies will be sent to ACWW to further the work of the organization.

CANADIAN UNITY

The poster competition sponsored by FWIC encouraged teenagers to think about Canada and the people in other Provinces. In so doing, the young people were encouraged to express their thoughts through the art media.

The two winning entrants were awarded an exchange visit. Top teenage provincial winners came from Ontario and Manitoba. (Coincidentally FWIC's twinning program, include the same two provinces).

Monica Wickeler, Perkenfield, Ontario and Lisa Hamilton, Ochre River, Manitoba were the winners. Both attend high school and were able to exchange visits this past summer as guests of FWIC.

Monica writes a little about her visit.

"I heard about this trip through my art teacher, Mrs. Boucher, at Midland Secondary School. I am very grateful for the help and support she gave me. I drew the poster last year when I was in grade nine.

My exchange visit took me to Lisa Hamilton's farm in Ochre River, Manitoba. While I was in Manitoba, I noticed the ground was flatter there than it is around my home in Simcoe County. The Ochre River runs behind their farm and we were able to go swimming.

While I was there, the Hamilton's had a family reunion; I met all Lisa's relatives. The younger ones played games and in the evening there was a bon-fire and we roasted weiners. That was my favorite night.

Later in the week we attended the Dauphin Ukrainian Festival and enjoyed tasting all the special foods and watching the festivities.

I had a really great time and hope I can go back again. The only other place I have travelled was to Germany, when my Dad and I visited relatives.

My Manitoba exchange friend, Lisa Hamilton returned the visit later in the summer at our home in Perkenfield, meeting my Mother, Father, two Brothers and Sister. We went to Collingwood and enjoyed the great slide ride and water slide and also visited the scenic caves. We spent part of a day at Ontario's Wonderland Park outside Toronto.

One of my hobbies is drawing, especially cartoons. Ever since I can remember I have loved drawing and on special occasions when I was small, I would draw up a fancy card instead of buying one.

My future plans are to become a cartoonist and have my cartoons published in a newspaper. I hope that my winning this contest will help me with my future career."



New friendships were formed during the exchange visit of L-r, Lisa Hamilton, Ochre River, Manitoba, and Monica Wickeler, Perkenfield, Ontario. The girls enjoy a visit to Rainbow Beach, Lake Dauphin, Manitoba.