# Conveners' Speak

#### CITIZENSHIP AND WORLD AFFAIRS Mrs. K.C. Angus, Convener

"The goal of citizenship is not to think alike but to think together."

Speakers played a key role at Branch meetings, providing information about governments at all levels by MPs, MLAs, Aldermen and Reeves. They discussed the Bill of Rights, the Constitution, Unity and privilege of voting. Other speakers told about Jury duty and the responsibilities of a Juror, while a Page spoke about his experiences at Queen's Park. The OPP spoke on the current wave of vandalism in a particular community and enlarged on Operation Identification.

Members also prepared papers on Charter of Human Rights and compared rights in Canada with those of other lands. The postal system as a Crown Corporation and changes in the Family Law Reform, proved of interest to many Branches.

Slides were enjoyed on Indian People in the North, the mining industry in Canada, visits to other countries and the experiences of a family's escape from Czechoslovakia. Skits and debates formed part of many Branch programs. Pen Pals and link visits were popular.

Many members have assisted in the English language programs for new immigrants.

### EDUCATION AND CULTURAL ACTIVITIES Mrs. Maurice Jenkins, Convener

Many members were asking and learning more about the Women's Institute organization. As an example: name one thing you would like the public to know about the Women's Institute. Why did you become a member? An item of interest in the Home and Country.

Members were holding programs reviewing the history of the WI and discussing the influence the WI has on to-day's society. Visits were made to both the Erland Lee Home and the Hoodless Homestead.

Programs on the handicapped and retarded were numerous and the question asked: How can I help a blind person? A lecturer spoke on children with learning disabilities and a display of simple gadgets which makes life easier for the handicapped, made all aware of the difficulties in coping every day.

An excellent motto — "Never let a handicapped or retarded child become a discarded child."

#### TWEEDSMUIR HISTORY CURATOR Mrs. Fred Howe

Mrs. Howe learned that Microfilming of History Books could be done at Lambton County Library in Wyoming. The University of Western Ontario, attention, Mrs. Edward Phelps, Regional Collection Department, also do microfilming.

There is also a Commonwealth Microfilm Library, 760 Gordon Baker Rd. Willowdale. This service is not free but

if Branches get together they may be able to obtain a better price.

Do not put mactac over pictures or pages in your Tweedsmuir Book before microfilming.

Workshops have been held and members are encouraged to keep scrap books as well as Tweedsmuir Books. Some curators are using tape recorders when interviewing seniors.

#### FAMILY AND CONSUMER AFFAIRS Mrs. Elgin Belrose, Convener

Under the topic of foods and nutrition, many meetings included demonstrations of microwave cooking and the various uses of the microwave oven.

Papers were presented on a number of topics, such as, proper diet can control the aging process. Did you know, salmonella can be found in all fowl and raw eggs, but can be eliminated by cooking at a high temperature and proper refrigeration. Food additives and metric cooking were discussed by many members at their monthly meetings.

One of the many mottos given was, "overeating is the destiny that ends our shapes!"

Under the heading, clothing and textiles, the story of quilting and its history provided much information. Included are a very few ideas: What is your opinion on the use of a Credit Card? How do you encourage your child to handle money wisely? How can we make our homes safer? Are you aware of the dangers of silo gas?

## AGRICULTURE AND CANADIAN INDUSTRIES Mrs. Calvin Carmichael, Convener

Women's Institute Branches are strong supporters of the 4-H Homemaking Clubs throughout the province.

Production and Marketing were topics for many meetings. There were programs on goat farming, mushroom farming, raising mink, and the new peanut industry. "A sweet deal of Corn" pointed out the possibility that Ontario farmers will eventually supply one half of the nation's sugar.

The Soybean, was the subject of another meeting, this amazing relative of peas and our beans has been known in China for centuries.

Papers were given on the depletion of our forests in northern Ontario and how reseeding of fire ravaged forests is done by plane.

Several reports mentioned about Ultra High temperature milk. "UHT milk" can be stored on the shelf for up to six months, when it is sealed in airtight containers. Raw milk has been subjected to high temperature to kill the microorganisms. The milk is sterilized for three seconds at 145°C. It's food value is similar to that of pasteurized two percent milk. Once opened, keep it refrigerated, as you would any other fluid milk.

Gardening proved to be a popular topic and is also a good way to lower the cost of food.

The film, "Black Magic" showing the past and present of the Holland Marsh was obtained from the Muck Research Station, Kettleby.