



FOOD FOR FRIENDS

pproximately 100 members from 11 Clubs in ORTHUMBERLAND EAST DISTRICT. The chievement Day theme was depicted in a series of chibits, skits and demonstrations promoting energy conservation in the kitchen. Shown are a few Award inners, Back row L-r County Honour winners Susan hambers, Debbie Woof, Kim Archer and Cathy Findey. Marcia Gainforth received Provincial Honours, ront row Home Economist Linda Caldwell; Mrs. Ruby (Culloch, Northumberland East District President; pan Curle winner of the Northumberland East District I. Scholarship. Absent, Karen Oddie, District Scholarship winner.



PROVINCIAL HONOURS

LUBS were presented with silver spoons and certificates when they were granted Provincial Honours at Achievement Night. L-r Jackie Barrett, Mount Pleasant 4-H Club; from Wellman's Corners 4-H Club, Karen Clancy, Kim Cooney and Valerie Sharp.

CLOWES WI, SIMCOE KEMPENFELDT DISTRICT, entertained three neighboring branches when a speaker from the Simcoe Rescue Squad showed slides. Pictures of the rescue equipment were shown in detail, including the "jaws of life". An explanation was given how an automobile can be opened to rescue victims. A question and answer period followed.

## **Terrariums**

Terrariums are becoming quite popular, probably because they need so little care and yet look so attractive in the home.

Making your own terrarium can be economical and easy if you use bottles you already have, such as brandy snifters, preserve jars, fish tanks or condiment jars. Just make certain the neck of the bottle is wide enough to place the plants in, and that it is clean, dry, and preferably clear, not tinted. It is also important to choose plants that need the same humidity, light and soil conditions.

Before placing plants in, cover the bottom of the bottle with a layer of fine gravel. Add a handful of charcoal to keep the soil sweet, and a layer of sphagnum moss will help the drainage. Sterilized soil is then added to the desired level. The best way to place plants into the bottle through the narrow neck, is to use long-handled tools. These can be made by attaching dowel rods to a hook, spoon and razor blade. These are used to lower the plant, dig holes and trim the plant once it's in.

Several points should be considered to keep the terrarium flourishing. Keep it in bright, but filtered light, not direct sun. Keep your plants pruned and remove any dead leaves. To reduce condensation on the inside of the bottle, remove the cover.

Making a terrarium can be inexpensive and fun. Finding a use for that container you've been saving can result in a beautiful miniature garden to decorate your home inexpensively.

GLENGARRY COUNTY'S 4-H NIGHT attracted over 250 people when 100 young members claimed appropriate honors from their work during the year. A few of the major winners Mary McCrimmon, Citizen Award of \$150.00 for achievement over five years; Margie Peters, Croll trophy for Citizenship after four years; Sandra MacLeod, grand champion dairy showman and Lions Club Trophy winner.

SALTFLEET WI, WENTWORTH SOUTH DISTRICT donated \$25.00 in memory of Mrs. Mary Corman. Mrs. Corman, a strong supporter of the Erland Lee (Museum) Home gave freely of her talents to the work of the Women's Institute. The donation will go into the Foundation Fund.



LUCASVILLE WI, LAMBTON NORTH DISTRICT entertained former members at the 60th Anniversary. L—r Mrs. E. Steven, District Secretary; Mrs. N. Morwood, Area President; Mrs. L. Pettigrew, District President; Mrs. C. Freer, FWIO Board Director; Mrs. C. Diamond, FWIO President; Mrs. E. Gibb, Branch President; Mrs. K. Crockard, Life Member.