

## FWIO

Mrs. Clarence Diamond extended greetings, stating the Women's Institutes are pleased to have such a close tie with the 4-H Homemaking Clubs. Looking at your Theme, we also can say to-morrow begins to-day, life gets more exciting and challenging each year as more opportunities arise, allowing all of you to develop talents, to test imaginations, while seeking goals. The 4-H leaders have given direction and provided stepping stones into the future.



Mrs. C. Diamond, President FWIO is seen with L-r Karen McNeil, Dalton; Penny Crabe, St. Thomas; Mrs. Diamond; Michelle Evanitski, Iona Station; Carol Morden, Rodney; Anne Longford, Belmont.

## THE EYE OF THE BEHOLDER

Ms. Lyn Barbeau, assistant Curator of Art, University of Guelph presented a slide presentation focusing around the child, originally presented for the International Year of the Child.

Another presentation of slides showed examples of lines color, harmony, texture, theme, rhythm, balance and contrast.

On view were the Chinese scrolls by Anthony King-scote who holds a post of Professor Emeritus, at the University. He worked for the Food and Agriculture Organization, United Nations and during this time he learned the art of Chinese scrolls. A Hunting Lesson on a Moonlight Night, depicting a Bengal tiger is probably his best known work.

It was on to look at the sculpture art in Zavits Hall and then to see a display of art by some of the students.

## CREATIVE SKETCHES IN DRAMA

The delegates under the direction of Mrs. Wm Needles, learned how to take a 4-H theme and develop it into a skit.

She cautioned not to rely on stale and time-worn cliches. Make actions come alive through facial expressions and eye movement. Learn to improvise with materials and "things" at hand. Each item used adds another dimension. Music also is important, bells, bones, spoons or even a detergent bottle filled with beans.

Put yourself into the act and it's bound to be successful.

## MINI SKITS

Home Economists, Patricia Reid, Susan Leuty and Bea Gosselin enacted mini-skits, showing possible situations that might arise during a 4-H meeting. The delegates were asked to identify the problems and provide answers and seek solutions.

The delegates could easily relate to their own club situations and together many answers were provided. This helpful interaction allowed everyone to take something back to their Homemaking Club.

## 4-H ROOM TO GROW

Ken Knox, Associate Director, Extension Branch, OMAF, opened the session with "The most important thing for anyone is GOAL-SETTING, however, know the difference between dreams and goals.

Map out a plan, and work out short, intermediate and long term goals, write them down and read them every now and then. Learn to talk about your goals to your family, your boy-friend, your friends.

Try to model yourself after someone you admire, making certain however, you model yourself for the strong points not for the whole person.

Keep as many doors open as possible for as long as you can. Do not be head strong, plan alternatives knowing with alternatives in mind you will never come to a dead-end.

Believe in yourself and develop a habit and belief that team-work is essential for a successful life.

Stop and ask yourself, are you getting enough out of 4-H? Are you giving 4-H enough?

The session closed with Mr. Knox emphasizing the need for goal-setting, knowing where you're headed but cautioning, this doesn't necessarily mean you know the end results.

Go home knowing you are a leader, remembering leadership is earned not given.



Guest speaker, Mr. Ken Knox, Associate Director of the Extension Branch, OMAF is pictured with L-r Susan Deltman, Burnt River; Peggy Whyte, Ottawa; Kim Evans, Claremont; Bev Cunningham, Caledonia.