



Village 11 Residence University of Waterloo

### INSIDE INGLESIDE

Getting ready to go away certainly takes the joy from going. Tomorrow I am leaving for a 3 day conference in Waterloo so today I am up to my neck in washing and worrying. Anticipating all the eventualities on the home front is a virtually impossible task but I cannot keep from trying. Between loads of laundry, I have prepared a list of instructions which may never be heeded but which I feel is definitely needed

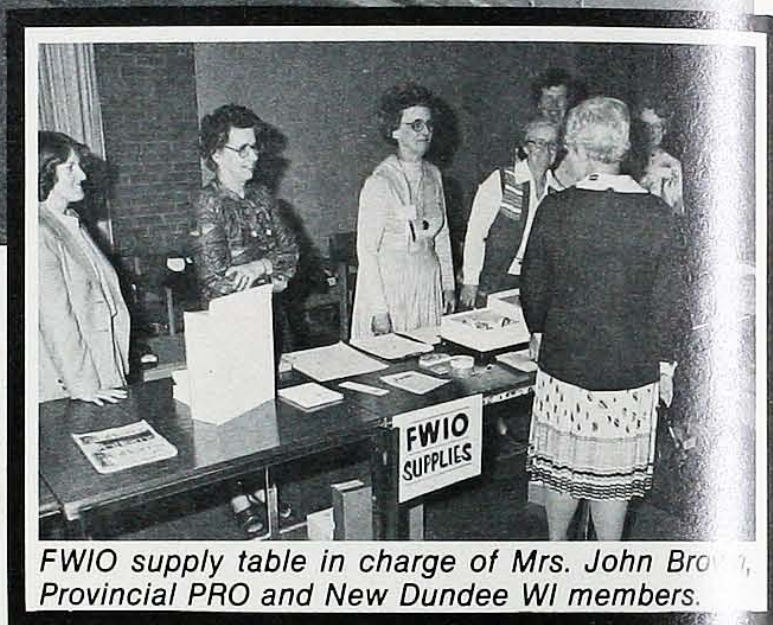
#### TO THOSE I LEAVE BEHIND

1. French fries, corn chips and pizza cannot be considered a balanced diet.
2. The cat likes to eat too—and she cannot open a tin by herself.
3. Dishes cannot clear themselves off the table.
4. If all towels are used tomorrow there will be none for the next day unless somebody washes them.
5. Clothes that are thrown on the floor, stay there unless somebody picks them up.
6. Turn down that record player!
7. It is not necessary for 11-year-old girls to wear lipstick, eyeshadow and scent for a music festival appearance.
8. Clothes must be changed no less than once and no more than 20 times in a three-day period.
9. If it rains, close the windows.
10. If you fall off your bike, go to the doctor.
11. If the Canadiens lose the hockey game, do not put your head in the oven.
12. If you run out of food, quit eating—you have had far too much already.

I will leave this list on the table and then hope for the best. It is heartening but humbling to realize that they will probably get along very well without me when I am gone.

**Jean Jeacle**

**Branch Curator, Ingleside, Stormont District.**



FWIO supply table in charge of Mrs. John Brown, Provincial PRO and New Dundee WI members.

### GREETINGS

Miss Molly McGhee, Director, Home Economics Branch, OMAF encouraged the Women's Institutes to continue to motivate both parents and children in their communities to update immunization shots.

She continued to say how pleased she was that the FWIO had made this a provincial project during the IYC. There is a hope Canadians will develop a greater appreciation of some measures which can be taken to improve the child's rights and provide opportunities for self fulfillment.

In 1890, the son of the WI co-founder Adelaide Hoodless died from drinking contaminated milk. His death led Mrs. Hoodless to press for the formation of a women's organization to discuss improvements of home life, including family health. Her effort led to the establishment of the first WI in the world at Stony Creek at the home of the co-founder Erland Lee. Both the Lee and Hoodless homes are maintained by the WI's as historical sites.

Miss McGhee told of the keen interest and support provided by the Ministry in 1903 when Laura Rose Stephens was appointed the first lecturer on Domestic Science. "Our early records show that in 1912 five staff provided courses for 1167 persons". Today we have 49 staff and two craft specialists providing courses to