

The Director Writes:—

Firstly, I would like to thank everyone who sent me Christmas cards and get-well cards during my recent hospitalization. It was good to know that so many of you were thinking of me.

The Home Economics Branch specialists have been very busy preparing some new courses for presentation next fall and spring. We hope you will really enjoy them, find the information useful and that you will tell all your friends when they are held in your county or district. In 1979-80, the programs will be:

FALL 1979

Training Schools

—Indoor Gardening

—Crewel Embroidery

after Nov. 1/79 Short Courses

— For the Goodness of Your Heart (nutrition related to cardiovascular diseases for all family members)

— Fitting and Sewing of Pants

JANUARY 1980

Training School

— Food for All Seasons (menu planning and food budgeting for families, couples and singles)

SPRING 1980

Short Course

— Recycling Clothing

We also hope to have information ready for, Parties on a Budget, and How to Run a Successful Bazaar, sometime during the year. If there is sufficient interest, we will also offer a Food Forum called Metric in the Kitchen, early in 1980.

The International Year of the Child

It was with delight I learned that your provincial board had chosen immunization as a provincial topic. I am sure any work you can do to help inform people about this very important matter will be of great service to your community during the time the public health authorities hold their campaign.

In conclusion, I would like to wish all members of F W I O a most successful year in 1979.

Molly McGehee

Home Economics Branch



Canboro WI, Haldimand East District celebrate 50th anniversary at Canboro Community Centre. L-R Mrs. Victor Duncan, Mrs. Clifford Bartlett, life member; Mrs. Peter Stollar, Secretary of Branch pins corsage on Mrs. Audrey Swayze; Mrs. Frank Potts admires corsage.



Elgin County Centennial Scholarship winner Beth Campbell, daughter of Mr. and Mrs. Russell Campbell of Iona Station, was presented with the scholarship at the Elgin County Rally by Mrs. I. L. MacAdam. Beth is a member of the Cowal 4H Homemaking Club, presently enrolled in the Home Economics course at Ryerson Polytechnical Institute.



75th Anniversary of Westover WI Wentworth North District. L-R Mrs. Elizabeth Whaley, FWIO Board Director; Mrs. Robert Richardson, Branch President; Mrs. Herbert Phillip, Wentworth North District President; Mrs. Ken Ego, Branch Secretary.