

GIRLS' CONFERENCE

The theme Dimensions, represent breadth, and depth but so much more—things you can stretch, allows one to think critically, analyze problems, the ability to cope, a sense of purpose.

He felt sometimes the role of the University is misunderstood. The purpose, is not to turn out graduates in job slots, but to keep up with the rate of change so grads are able to cope with the needs of the business and professional world.

CONSUMERISM IT'S UP TO YOU

Mr. Randy Castellarin, Consumer and Corporate Affairs Canada told about services available from his Department and through audio and visuals "Who you are and what you do in the marketplace" and "Give and Take", related to specific problems and hazards. He touched on a wide variety of subjects, fraud, packaging and labelling, best before dates, etc.

ALL ABOUT ME

Heather Barnett, Regional Supervisor was in charge of an awareness session. New things happen everyday and each situation brings out a different aspect and everyone reacts differently.

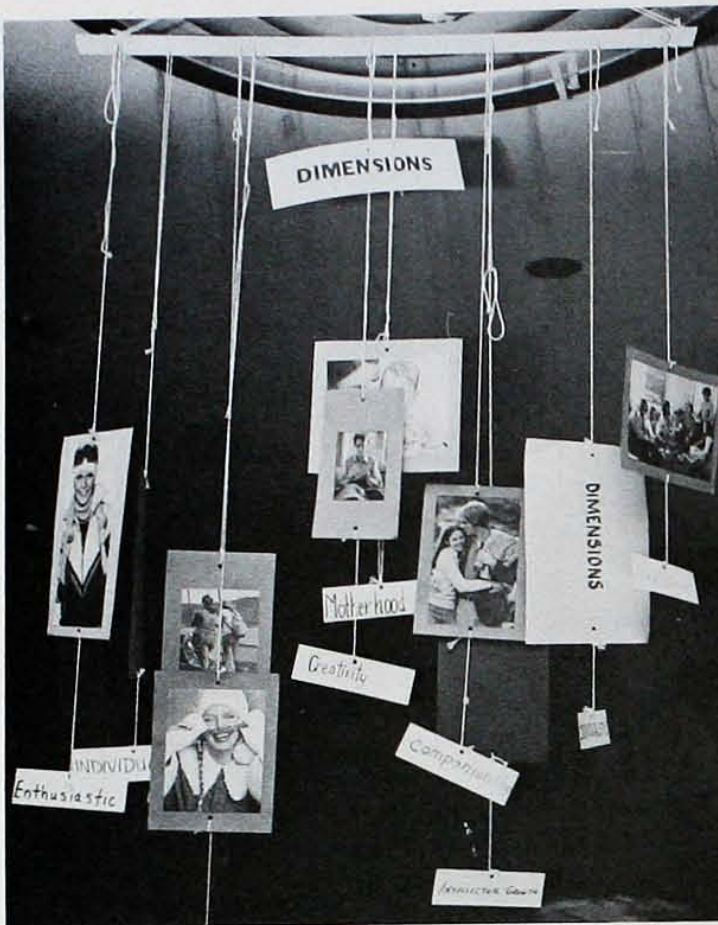
There were discussions about—You as a person—as a woman—a career—where will you go—women as individuals.

One of the main tasks is to motivate, decide where you are going and how you can accomplish your goals. Take a good look at yourself and relate to the 4H symbol, head heart, hands and health.

What are your future plans? You should first decide, "do I have the determination to make it?" With this purpose in mind your next thought "what are my plans to make it come true", this is the design and through these motivations and perseverance, step by step, great aims can become reality.

In summarizing the sessions it was evident, jobs were an important part of their future. One must take a survey of possible jobs available, know what is right for you, have a sense of purpose and don't forget, learn by doing is really important.

Sometimes plans don't work out, don't become discouraged, take time to reassess, then start over.



Mrs. Margaret Woof, Supervisor of Junior Extension assisted by the three Regional Supervisors and nine County Home Economists, were responsible for the Conference plans.

The delegates were enthusiastic, intelligent, eager to learn and participate in the activities of a four day conference. It is a joy to see the delegates laughing and joking while rushing from one session to another and yet serious and questioning during the session.

Interest groups—Effective Speaking, Folk Dancing, Sights and Sounds of the Arboretum, Rug Making Techniques, Tapestry—were divided into four sessions, allowing the delegates a wide choice of crafts or activities.

One hundred and eighty delegates, chosen for their ability and interest in the 4H Homemaking program gathered to learn more about "Dimensions". Not only were the delegates taking a look at the program but at themselves, their potential and their goals.

Changes have been made in the program, but it was a nostalgic trip for some who were graduates of the old program. The changes include pins and certificate designs, revision of record books, changes in Achievement Day format but regardless of the old or new, the program is still demanding and requires work.

Mrs. Margaret Woof—Supervisor of Junior Extension reminded all, that during the next few days opportunities will be provided to redefine and reaffirm "who you are and where you would like to go". What is down the road? Because you are drawing near the end of high school, decisions must be made about college, career, marriage, your future aspirations.

PRESIDENT

Dr. D. F. Forster, President, University of Guelph welcomed the delegates and noted the long and happy association both have enjoyed over the years.



L-r Mrs. Bev. Carson, Home Economist for Haldimand Norfolk, and Miss Heather Barnett, Regional Supervisor Kingston stop for a breather between sessions.