

4-H Look What's Happening This Fall!

To keep pace with modern trends, the Home Economics Branch will introduce exciting changes in the 4-H Homemaking Club Program this fall—changes that have been designed to make this already successful program even more popular.

The 4-H Homemaking Program provides an avenue of skill development of rural youth, primarily girls and young women between the ages of 12 and 26 years. It builds self-confidence, develops a sense of responsibility and leadership, and promotes the acquisition of habits, attitudes and skills necessary for a satisfying home and community life.

What are the changes? Read on . . .

NEW PROJECTS

What's different about the projects? All the former ones have been replaced by hot-off-the-press projects—Needlepoint, Essential Edibles, and Accessories—The Final Touch. These will be offered to each county and district on a rotational basis which means three brand new topics every one and a half years! Here's a brief description of each project.

Needlepoint is an inspiring pastime. Versatility is the key. It can be elegant, practical, whimsical, anything you want. This project will teach the skill of needlepoint so that club members will understand the basic techniques of canvas work. It involves working a sampler of six stitches, which can be made into coasters, a wallhanging, or a pillow. The opportunity will also be provided to design and create a free choice article.



What are those good-looking extras that add color and excitement to your wardrobe? **Accessories—The Final Touch.** In this project the club member will learn how to coordinate accessories with different outfits to make a few clothes seem like a lot. Anyone who enjoys sewing can express herself creatively by making scarves, hats, and simple handbags. Emphasis will be on using small amounts of leftover materials, remnants or recycling used clothing.

Doesn't it sound like an interesting fall in 4-H? Wouldn't you like to be a club leader for one of these projects?



Get involved in a fun food experience with the project "**Essential Edibles**". Learn how to make mouthwatering dishes using the easy, new metric measures. There's something new to cook at every meeting. Here's a sneak preview . . . Smack your lips on Healthy Peanut Bread, Energy Squares, creamy smooth Maple Treasure and more. Essential Edibles winds up with party fun. You can choose from an array of ideas for "get involved" party food.

