

## DISTRIBUTION OF GREENS

Dr. Zurbrigg says, "We are having good success with distributing 'greens' seedlings to the villagers. The Agriculture College is supplying the seedlings to us at cost price (half rupee each—5 cents Canadian). The Village Health Workers monthly take lists of families interested in buying the seedlings and in each visit we bring what has been ordered. We hesitated initially to charge for the seedlings but keeping in mind the basic philosophy of the programme—i.e. "Health by the people", we decided to experiment in charging cost price.

Happily it seems to have evolved very well—many villagers were willing to pay for the seedlings. It is an encouraging beginning. So far about 200 seedlings have been planted. The demand for green seedlings has gone down considerably now with the summer dry months here but should pick up if there are late summer rains.

Hillier WI hear Mrs. Lynn Braun discuss dental health care for children. Various stages of tooth decay and how to properly clean teeth were shown on slides. It was evident children should not be given snacks containing sugar and no soft drinks, fresh fruits and vegetables are better.

Mrs. Braun spoke about the dental health clinic in the elementary schools and the service to the community.

## THINK ABOUT IT

It seems wise to be dissatisfied enough to want to improve, and to be satisfied enough to be happy.

Be life long or short, its completeness depends on what it was lived for.

Wisdom shows what to do; skill how to do it; initiative, the will to do it.



South Lobo WI members quilt for local fire victims. L-R Mrs. Campbell Fletcher, hostess and Mrs. Fraser Campbell.



Mrs. Jean Seyler, Past President of Ayr WI, Region of Waterloo received a well deserved honour. The bubbly and vivacious WI member of Waterloo South District is a part of "everything" in the village of Ayr. A member of Drumbo Fair Board, the Church and Sunday School, as well as canvasser for the Blind and March of Dimes. She still finds time for curling and crafts and most important of all, wife and mother.