

International Plowing Match



Mrs. Margaret Kay paints with oils as she demonstrates at the Ontario Women's Institutes craft centre at the 1975 International Plowing Match.

The members of the Women's Institutes of Ontario North and South Districts provided an excellent PRO display and demonstrated many crafts during the week.

A rest area and refreshments were provided for the public. Another booth in the tented city served "the best home made pie."



Middlesex County Scholarship winner L-r — Joan Crawford, Glencoe is presented with certificate by the Provincial Board Director, Mrs. Calvin Carmichael.

BLUEVALE WI — "May Flowers", an evening sponsored to feature flowers — real and artificial, captured in beauty of film and transposed onto fabric. Floral arrangement demonstrations were presented by Miss Rena Jouwsma and the assistant Agricultural Representative showed a film "Beautiful Possibilities".



The Lucas Homestead, a pioneer landmark on Burlington's Appleby Line, is to become part of the rural scene being established on the Museum site.

Mr. R. W. Carbert, General Manager is enthusiastic regarding the progress of the restoration of the farm home. The 1835 frame house will remain much the same, although the centre hall will be as originally built.

The building will receive one coat of paint and the wiring and heating will be installed; to enable a winter works programme to be carried on.

The staff are now prepared to accept pieces of furniture and any other artifacts which would be in a farm home between the 1800 and 1850 era.

If you have any household artifacts you feel you would like to see preserved, drop a line to Mr. Carbert at Box 38, Milton L9T 2Y3, telephone 416-878-8151. P.S. Mr. Carbert is working on the possibility of a Women's Institute Hall, we'll tell you more about that at a later date.

Nutrition — Junk — which?

Cont'd

What about nutrition education and the Nutrition Canada survey, has anybody learned anything from it?

When we show concern about school cafeterias and their food plan, should we assume some responsibility as parents? Have we neglected to teach our children a basic habit? Where is the blame?

Is the High School Principal correct in saying "if you don't teach your child good nutrition habits at home, don't blame the schools."

If the students eat the junk food in the cafeteria or go to the corner store, what have you as a parent to say for this habit? Who is to blame, the school, the student, the parent?

Obesity is a big problem in all society today. However, somehow if we can train our tiny folks before they become high school youths, this might be the starting point.

Clippings come in telling about Branch meetings on foods being served in high schools, and your concern. You say "we" should do something.

Years ago Women's Institute members were concerned enough to promote and implement the sale of milk in the schools and in some areas, hot lunches.

Where is our concern in 1975? Schools have grown we feel out of touch, they are impersonal, can't be reached — don't you believe it. Children are still the most important part of our lives, and training them to eat nutritionally is our responsibility. Ask questions of your school board member, approach the school, send in your findings and together FWIO's voice could be heard.