## Round the World Dining

Food Specialists from the Home Economics Branch demonstrated the culinary art of cooking, using recipes from an international collection. Gourmet cooking, because of its popularity, appealed to the delegates, especially when all were able to sample the dishes afterwards.



Head table guests arriving for banquet.

## Fitness for Living

One of the most unforgettable sessions in the Athletic Building is described by delegate Anne Giffen, Simcoe North. Dr. John T. Powell spoke on the topic, then came the physical fitness test. Since the Home Economist had said this would not be too strenuous, not to bother taking shorts or blue jeans, a lot of girls went in dress slacks and heaven forbid — dresses! Well, sweat was a very common word at this session.

As if this was not enough to almost kill us, Mrs. Stallman then proceeded to give us dancing and exercising. You wouldn't believe the tired worn-out bunch who left that session. However, it was great fun.



Dr. Ethel Chapman - Always has time to chat.

## **Interest Groups**

Four sessions gave everyone a chance to learn a little more about some form of art that appealed to them, the choices included needlepoint, tapestry, land-scaping, choral singing and effective speaking. Specialists in their field provided the leadership for the group activities.

## Protein of the Future

The experts Dr. J. C. Rennie, Director Agricultural Education and Research Division, OMAF, chaired the debate between Dr. N. C. Stoskopf and Dr. J. B. Stone, both from University of Guelph.

There was a concensus, "there is a place for plants and animals in feeding the future population, crop scientists and animal specialists should work together to make the optimum use of the land for food production."

They further agreed, "that some animal protein, such as Pork, may become a luxury we can ill afford because the animal required the same cereals that could feed humans, but livestock can still be used to process the forage crops humans cannot eat."



Needlepoint - Does everybody understand?