

# HOME & Country



Published by the  
Ontario Ministry of  
Agriculture and Food in Toronto, Ont.  
in the interests of  
The Federated Women's  
Institutes of Ontario  
and  
Home Economics Branch

## EDITOR

Mrs. Austin S. Zoeller  
Home Economics Branch  
Parliament Buildings, Toronto M7A 1B5

## EDITORIAL COMMITTEE

Miss Helen McKercher, Director, Home Economics Branch, Parliament  
Buildings, Toronto M7A 1B5  
Mrs. Herb Maluske, Chesley N0G 1L0

Printing and Art — Miss Margaret Roberts

Vol. 41

Spring 1975

No. 2

## COVER PHOTO

Waterloo South District's project for International Women's Year. The members have assembled a display depicting the work of the Women's Institute. The display will be in libraries, community centres, shopping malls throughout the Region during 1975. The PRO for the District L — Mrs. John Gillespie and Mrs. W. J. Knapp, first Vice President add final touch.

Editorial.....	3
President's Corner.....	4
Semi Annual Meeting.....	5
Officers' Conference.....	10
With the FWIO Branches.....	14
Nutrition Questionnaire.....	15
ACWW Conference.....	19
Mrs. Mulligan.....	25
Handbook changes.....	26
Conveners' report.....	28
1975 Area Conventions.....	30

Home Economics  
Branch,  
Ontario Ministry of  
Agriculture and food,  
Parliament Buildings,  
Toronto M7A 1B5

Provincial Office  
F.W.I. Ontario  
1200 Bay Street  
Fifth Floor,  
Toronto, Ontario M5R 2A6

National Office  
F.W.I. Canada,  
Rm. 28, 46 Elgin Street,  
Ottawa,  
Ontario K1P 5K6

International Office  
A.C.W.W. Office,  
50 Warwick Square,  
Victoria, London  
S.W.I.V.2.A.J. England

## MEMBERS OF PROVINCIAL BOARD OF DIRECTORS 1975

**HONORARY PRESIDENT**  
Miss Helen McKercher

**PAST PRESIDENT**  
Mrs. Harvey Noblitt, Box 297, RR 5, Ottawa K1G 3N3

**PRESIDENT**  
Mrs. Herb Maluske, Chesley N0G 1L0

**REGIONAL VICE-PRESIDENTS**  
Mrs. Peter Timmins RR 6, Perth K7H 308  
Mrs. Calvin Carmichael, RR 3, Ilderton N0M 2A0  
Mrs. Sam Koski, RR 1, Fort Frances P9A 3M2

**DIRECTORS**  
Mrs. G. E. McCaffrey, P.O. Box 309, Russel K0A 3B0  
Mrs. D. H. Davidson, RR 3, Manotick K0A 2K0  
Mrs. Allen Darling, RR 4, Brockville K6V 5T4  
Mrs. F. Wellman, RR 2, Stirling K0K 3E0  
Mrs. Shirley Bird, RR 4, Brighton K0K 1H0  
Mrs. Melville Wiseman, 29 Church Street, Bowmanville L1C 1S4  
Mrs. Austin Rumble, RR 1, King City L0G 1K0  
Mrs. Gerald Holder, RR 4, Caledon East L0N 1E0  
Mrs. Clarence Diamond, P.O. Box 811, New Hamburg N0B 2G0  
Mrs. Harold Wallace, P.O. Box 51, Clifford N0G 1M0  
Mrs. Myrtle Reid, RR 2, Hillsburgh N0B 1Z0  
Mrs. Philip Rushbrook, RR 2, Coldwater L0K 1E0  
Mrs. Norman Tuck, RR 1, Barrie L4M 4V8  
Mrs. Jack Sparling, RR 2, Meaford N0H 1Y0  
Mrs. Graham Chambers, RR 1, Allenford N0H 1A0  
Mrs. Francis Gemmell, P.O. Box 124, Ripley N0G 2R0  
Mrs. Leo Jones, Apt. 203, 3 Parnell Road, St. Catharines L2N 2V1  
Mrs. Fred Matthews, 19 Cayuga Street, Cayuga N0A 1E0  
Mrs. George Powell, RR 2, Port Dover N0A 1N0  
Mrs. Gordon Gow, Dutton N0L 1J0  
Mrs. Gordon Papple, RR 5, Seaforth N0K 1W0  
Mrs. Ercell Merritt, RR 1, Essex N0R 1E0  
Mrs. Ralph MacNally, RR 5, Wallaceburg N8A 4 L7  
Mrs. Ernest Watson, RR 2, Utterson P0B 1M0  
Mrs. C. Fetterley, P.O. Box 69, Kearney P0A 1M0  
Mrs. George Bott, Box 71, RR 1, Charlton Place P0J 1B0  
Mrs. Harvey Spry, RR 1, Mindemoya P0P 1S0  
Mrs. Alex. Wilding, 221 Moss Road, Sault Ste. Marie P6A 5A6  
Mrs. Phillip Boyko, RR 12, Thunder Bay P7B 5E3

**JUNIOR DIRECTORS**  
Miss Jane Miller, Box 302, 21 Gulliver Road, Toronto  
Mrs. Wm. Jackson, RR 4, Caledon East

**SECRETARY-TREASURER**  
Mrs. Earl Morden, RR 1, Rodney N0L 2C0

**PUBLIC RELATIONS OFFICER**  
Mrs. Harvey Houston, P.O. Box 412, Lucknow N0G 2H0

**OFFICERS' CONFERENCE SECRETARY-TREASURER**  
Mrs. Robert B. Weber, Bloomingdale N0B 1K0

**CURATOR PROVINCIAL TWEEDSMUIR HISTORIES**  
Mrs. R. C. Walker, RR 1, St. George N0E 1N0

**CONVENERS OF STANDING COMMITTEES**  
Agriculture and Canadian Industries — Mrs. John A. King, RR 7, Woodstock  
Citizenship and World Affairs — Mrs. L. E. Drayton, RR 4, Ottawa K1G 3N3  
Education and Cultural Activities — Mrs. Russel Harrison, 72 Main St., Mount Albert, L0G 1M6  
Family and Consumer Studies — Mrs. Harold Blasing, RR 1, Neustadt N0G 2M0  
Resolutions — Mrs. Harvey Noblitt, Box 297, RR 5, Ottawa K1G 3N3