

FAMILY AND CONSUMER STUDIES



From left — Mrs. Gordon Gow, President, West Elgin District; Mrs. Andrew McMillan, charter member; and Mrs. Donald McGregor at the 60th Anniversary of the Wallacetown Women's Institute.

Pittsburgh A guest speaker displayed her collection of eighty-two fans. Several had historical backgrounds dating back to the 1880's and some had an international significance having come from countries in other parts of the world.

Living Springs A new feature was tried at a branch meeting. The roll call answered in response to "What's New?" brought out some interesting information, recipes, poetry etc.

Ponsonby — A guest speaker at a branch meeting spoke on "Specialized Education to take care of the very special needs of problem and retarded children and slow learners.

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"Patience is the best remedy for every trouble."
—Plautus

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From left — Mrs. Olive Farquharson, O.B.E., A.C.W.W. President; Mrs. Fred Barrett, President, East Carleton District; Mrs. Harvey Noblitt, F.W.I.O. President; and Mrs. Harold Dillon, President of the Leitrim Branch at a branch meeting attended by the World President.

Galt — Roll Call "Dos and do nots for a house guest. At another meeting the members answered the roll call by telling of their last visit to a shut in.

Silver Maple — Roll Call — "A quick supper dish."

Rednersville — Roll Call — "What the younger generation has taught me." Two answers were — tolerance, and more interest in world affairs.

Demorestville — Those attending a branch meeting found interesting a demonstration on "Barbecuing Accessories."

Elmwood The work of the Canadian National Institute for the Blind was explained at branch meeting.



Left — Mrs. Leona Armstrong, president of the Brussels Women's Institute, and Mrs. Wilma Hemingway displaying the quilt made by the Women's Institute Branch to celebrate the Centennial of the town of Brussels. Mrs. Hemingway wrote the 1,010 names on the quilt.

Garnet — Hints on safety, illustrated by puzzles and contests were a feature of a meeting program.

Williscraft Two young men described their experiences with drugs at a branch meeting. A question and answer period followed the talks.

Mattawa Roll Call A quick meal when unexpected company drops in.

Clachan A Health Nurse described her typical working day.

Winterbourne — "Despite advancements in Medical Knowledge, heart disease is still Canada's No. 1 health problem." This statement was made by a representative of the Ontario Heart Foundation at a branch meeting. It was also stated that the risk of heart attacks can be reduced by good health habits, such as cutting down on smoking, eating meals low in fats and cholesterol, regular exercise and medical check-ups.