

WITH THE FEDERATED WOMEN'S INSTITUTES OF CANADA

On the night of Monday, April 2, 1973 all Women's Institutes in Prince Edward Island will try to meet to celebrate the forming of the Women's Institutes in the Island. On Saturday, June 2 all roads will lead to Charlottetown as all members gather for the Jubilee celebrations.

A Jubilee gift to Government House will be a special quilted coverlet for the Queen's bed and hooked stair treads for the bedside steps.

Congratulations and best wishes are extended to the Women's Institutes of Nova Scotia.

When Port Daniel, a Women's Institute Branch in Quebec celebrated its 50th Anniversary, Mrs. Cameron Dow, O.B.E. and a former president of the Federated Women's Institutes of Canada was a special guest. Mrs. Dow was the first secretary of this Port Daniel Branch and when Bonaventure District Women's Institutes were organized she became the first president. Mrs. Dow was Quebec Provincial President from 1939 to 1943 and F.W.I.C. President from 1943-1947.

R.R. 2,
Brownsburg, P.O.,
January 11, 1973.

Dear Fellow Members:

Time is running out! How many Members have you influenced to join your Women's Institute during the period April 1, 1972 to April 1, 1973? The date of April 1 was selected as this is the date that the Annual Return is required by the National Office.

A trophy is offered for the **Province** obtaining the largest number of new members per capita. Another trophy will be presented to the **Branch** which has the most new Members per capita.

Your Provincial Secretary will send the name of the Branch with the largest per capita increase to the National Office at the time she sends in the Annual Return.

Our wish for 1973 is that each Member will be so inspired by our Aims and Objectives that she will make this Membership Drive worthy of our Organization.

Sincerely,
Ethel M. McGibbon, Chairman
Marjorie C. Palmer,
Membership Committee.

WE ARE COUNTING ON YOU

THE METRIC SYSTEM IS COMING

In a few years a Canadian mother may be told that her new born baby weighs about 3 kilograms and that will mean about 6.6 pounds, for the Metric System is going to replace our old system of measuring and we may as well prepare ourselves for it. The Ontario Women's Institutes can be of real service to their members by preparing programs by which information on Metrication can be presented and studied.

There is available a booklet called "Metrication, A Guide For Consumers" by writing the Ministry of Consumer and Corporate Affairs, Room 480, University Avenue, Toronto, or The Consumer, Box 99, Ottawa, Ontario.

This booklet says "There can be no sudden, overnight transition to the metric system. It has to be a gradual process and for a modern industrialized country ten years is about the minimum. In the meantime here are the Metric Equivalents for Canadian Household Measures."

The following tables can provide a start on your studies.

METRIC EQUIVALENTS FOR CANADIAN HOUSEHOLD MEASURES

VOLUME

1 quart (40 fluid ounces) — 1137 millilitres (1.14 litre)

1 pint (20 fluid ounces) — 568 millilitres

1 cup (8 fluid ounces) — 237 millilitres

1 tablespoon — 15 millilitres

1 teaspoon — 5 millilitres

1 fluid ounce — 28.4 millilitres

Weight

1 pound — 454 grams

1 ounce — 28.3 grams

Length

12 inches — 30.5 centimetres

1 inch — 2.54 centimetres

Temperature

°F °C

450° — 232°

425 — 218

400 — 204

375 — 191

350 — 177

325 — 163

300 — 149

212 — 100

★ ★ ★

This is the grave of Mike O'Day
Who died maintaining his right of way
His right was clear, his will was strong,
But he's just as dead as if he'd been wrong.

★ ★ ★