



Miss Shirley Humphries the first recipient of Advanced Honours in the North Cochrane District.

HISTORICAL RESEARCH

Chaffey's Locks — Members were reminded that the Institute Branch was responsible for promoting the first school transportation in the area. During the winter months a team of horses and a sleigh transported students to and from the local school.

Maple Grove — Motto — A display of old trimmings, laces, buttons, buckles, hair pins, combs, etc. and the history of each.

Colborne — A collection of 24 Royal Doulton figurines representing characters in Charles Dickens novels was of great interest at a branch meeting. The owner of the collection told the ladies that Royal Doulton stopped making the figurines five years ago so the pieces were now collectors' items.

Bar River — The Curator has had two copies of the Tweedsmuir History Book for this branch made, one to be carefully preserved, the other to be loaned to those interested for a two week period.

Northern Star — Roll Call — Comparison of something old with something new.

Inverary — A quiz on historical events in the community was the program feature at a branch meeting. First question — Who was murdered ten years ago in Inverary, and how?

Mildmay — An historian speaking at a branch meeting encouraged the members to compile family trees. These, he said, revive the memories of generations before us and serves as a link with the past.

South Verulam — An article on "Mason's Glass Jars" was of interest at a branch meeting.

Union — A display of old books, school books, cook books, diaries, ledgers, etc. was a program feature at a branch meeting.

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QUOTED FROM THE HANDBOOK OF THE LANKA MAHILI SAMITI

Samiti Motto

To do all the good we can in every way that we can to all the people that we can.

Samiti Creed

Let us do all the good we can, in every way that we can, to all the people that we can.

Let us be clean in our thoughts, words and deeds. Let us refrain from finding faults in others, but direct our thoughts to their service.

Let us not be impatient in expecting to see fruits of our labour.

Let us in serving others forget all differences in the common heritage of our Mother Land.

Let us cultivate the virtues of humility, love, kindness and compassion.

Let us, remembering that Idleness and not Poverty is a cause for shame, value the dignity of work.

Let us strive to rise higher day by day, and make of our life a blessing and source of Joy and Light.

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A PARENT'S PRAYER

O God, make me a better parent. Help me to understand my children, to listen patiently to what they have to say and to answer all their questions kindly. Keep me from interrupting them, talking back to them and contradicting them. Make me as courteous to them as I would have them be to me. Give me the courage to confess my sins against my children and to ask of them forgiveness, when I know that I have done them wrong.

May I not vainly hurt the feelings of my children. Forbid that I should laugh at their mistakes or resort to shame and ridicule as punishment. Let me not tempt a child to lie and steal. So guide me hour by hour that I may demonstrate by all I say and do that honesty produces happiness.

Reduce, I pray, the meanness in me. May I cease to nag; and when I am out of sorts, help me, O Lord, to hold my tongue.

Help me to treat my children as those of their own age, but let me not exact of them judgments and conventions of adults. Allow me not to rob them of the opportunity to wait upon themselves, to think, to choose, and to make decisions.

Forbid that I should ever punish them for my selfish satisfaction. May I grant them all of their wishes that are reasonable and have the courage always to withhold a privilege which I know will do them harm.

Make me fair and just, so considerate and companionable to my children that they will have a genuine esteem for me. Fit me to be loved and imitated by my children.

With all thy gifts, O God, do give me calm and poise and self-control.

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THE FELLOW TO WATCH

You watch the fellow who drives ahead
And the fellow who drives behind,
You watch to the right, you watch to the left
You drive with a calm, clear mind.
But the fellow you really have to watch
On the highway, you will find,
Is the fellow behind the fellow in front,
And ahead of the fellow behind.

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