



Charter Members of the Niagara District Junior Women's Institute; left-right — back row — Mrs. Bernie Law, Miss Susan Eller, Mrs. Frank Skulu, Mrs. Robert Phillips; front — Mrs. David Brown, President; Mrs. Joe Faragalli, Secretary-Treasurer.

sionals — lawyer, accountant, agricultural representative and life underwriter should be used. Because estate planning is a phase of farm business management your local Agricultural Representative can offer advice and direction on this subject. In the early stages of your planning his unbiased counselling and knowledge of your farm situation could be helpful in suggesting a plan for you.

Estate planning, like voting, is a privilege which all too often is not used. It is the privilege of planning and taking action as to how your life earnings will be distributed prior to and following your death. If you do not plan your estate then the laws of Canada and Ontario will provide a plan of distribution for your estate. But such a plan of distribution may be quite different from what you had in mind.



#### A THOUGHT FOR NEW YEAR

Go placidly amid the noise and haste,  
and remember what peace there may be in silence.  
As far as possible without surrender  
be on good terms with all persons.  
Speak your truth quietly and clearly;  
and listen to others, even the dull and the ignorant;  
they too have their story.  
Avoid loud and aggressive persons,  
they are vexations to the spirit.  
If you compare yourself with others  
you may become vain and bitter;  
for always there will be greater and lesser persons  
than yourself.  
Enjoy your achievements as well as your plans.

Keep interested in your own career however humble;  
it is a real possession in the changing fortunes of time.

Exercise caution in your business affairs;  
for the world is full of trickery.  
But let this not blind you to what virtue there is.  
Many persons strive for high ideals,  
and everywhere life is full of heroism.  
Be yourself.

Especially do not feign affection.  
Neither be cynical about love  
for in the face of all aridity and disenchantment  
it is perennial as the grass.  
Take kindly the counsel of the years,  
gracefully surrendering the things of youth.  
Nurture strength of spirit  
to shield you in sudden misfortune,  
but do not distress yourself with imagining —  
Many fears are born of fatigue and loneliness.  
Beyond a wholesome discipline, be gentle with yourself.

You are a child of the universe,  
no less than the trees or the stars;  
You have a right to be here.  
And whether or not it is clear to you,  
no doubt the universe is unfolding as it should.  
Therefore be at peace with God,  
whatever you conceive Him to be,  
and whatever your labours and aspirations  
in the noisy confusion of life  
keep peace with your soul.  
With all its sham, drudgery and broken dreams  
it is still a beautiful world.  
Be careful.  
Strive to be happy.

Anon.

*Ed. note—The above verse was sent to Home and Country by Mrs. William Franklin, a former Director of the Provincial Board. The author is unknown but the verse was found inscribed on a church door in Pittsburg, Pennsylvania, dated 1894.*



Mrs. Andrew Armstrong, R.R. 1, St. George, life member of the Blue Lake and Auburn Women's Institute, was honoured at a picnic supper at the Adelaide Hoodless House by the presentation of a Women's Institute cup and saucer. Among other services to her branch, Mrs. Armstrong has served as pianist or assistant pianist for 52 years.

