

### Methuselah's Menu

Methuselah ate what he saw on his plate,  
 And never as many do now,  
 Did he note the amount of the calorie  
 count —  
 He ate it because it was chow.  
 He wasn't disturbed as at dinner he sat  
 Destroying a roast or a pie  
 To think it was lacking in granular fat  
 Or a couple of vitamins shy.  
 He cheerfully chewed every species of food,  
 Untroubled by worries or fears  
 Lest his health be hurt by some fancy  
 desserts  
 And he lived over nine hundred years.

**Jasper** — roll call — Methuselah's Menu —  
 Members searched the scriptures for a clue to  
 the answer: Manna, olives, figs, dates were  
 mentioned. One member answered with the  
 above poem, author unknown.

**Pleasant View** — marked the birth date of  
 Robby Burns by hearing the story of his life  
 and some of his poems.

Huronica Coldwater Sr. — roll call — One  
 thing I would like the public to know about  
 the Women's Institute.

**Thorndale** — heard three member panel dis-  
 cuss "What has the greatest effect on a child  
 — the church — the home, or the school?"

**Newtonville** — members donated a Centen-  
 nial Dollar to each of the graduating Grade 8  
 class.

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#### SO LONG AS THERE ARE HOMES

So long as there are homes to which men turn  
 At close of day;  
 So long as there are homes where children are,  
 Where women stay —  
 If love and loyalty and faith be found  
 Across those sills —  
 A stricken nation can recover from its gravest ills.

So long as there are homes where fires burn  
 And there is bread;  
 So long as there are homes where lamps are lit  
 And prayers are said;  
 Although a people falter through the dark  
 And nations grope —  
 With God Himself back of these little homes  
 We have sure hope.

Ediphone

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Mrs. J. Wygerde, a  
 Dutch Canadian  
 member of the  
 Nestleton Women's  
 Institute.



Mrs. Don Leeson, convener of Citizenship and Education in the Mossley Branch of the Women's Institute.

**Philipsville** — Motto — The best gov-  
 ernment is the one that teaches us to govern  
 ourselves.

*EDITOR'S NOTES* — The publicity convener  
 of the Simcoe County Quilt, Rug and Craft  
 Fair committee has written to the Home and  
 Country office to tell us that this annual event  
 is to be held in the Stayner High School,  
 Stayner, Ontario on July 18, 19 and 20, 1968.

There will be the usual display of lovely  
 quilts and rugs, fine handcrafted articles in  
 leather, metal, wood, ceramics, etc. Also there  
 will be demonstrations daily of handcrafted  
 articles in the making. A tea room will provide  
 rest and relaxation.

There is no entry fee and it is non-competi-  
 tive. Articles will be for resale but many are  
 just for display.

My apologies to the Thornloe Branch and the  
 Kemble Branch for having incorrectly labelled  
 the pictures of those Branches in the Winter  
 issue of Home and Country. These pictures  
 should have been page 17 the Thornloe Branch,  
 page 33 the Kemble Branch.

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#### I HAVE FOUND SUCH JOY

Grace Noll Crowell

I have found such joy in simple things  
 A plain, clean room, a nut brown loaf of bread,  
 A cup of milk, a kettle as it sings,  
 The shelter of a roof above my head  
 And in a leaf faced square upon a floor  
 Where yellow sunlight glimmers through the door.

I have found such joy in things that fill  
 My quiet days; a curtain's blowing grace.  
 A growing plant upon a window sill,  
 A rose, fresh cut, and placed within a vase;  
 A table cleared, a lamp beside a chair  
 And books, I long have loved beside me there.

Oh, I have found such joy! I wish I might  
 Tell every woman who goes seeking far  
 For some elusive, feverish delight,  
 That very close to home, the great joys are,  
 Those fundamental things, old as the race,  
 Yet never, through the ages, commonplace.

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