

THE RAILWAY TRAIN

Emily Dickinson

I like to see it lap the miles,
And lick the valleys up,
And stop to feed itself at tanks;
And then, prodigious, stop.

Around a pile of mountains,
And, supercilious, peer
In shanties by the sides of roads,
And then a quarry pare

To fit its sides, and crawl between,
Complaining all the while
In horrid, hooting stanza
Then chase itself downhill

And neigh like Boanerges,
Then punctual as a star,
Stop — docile and omnipotent —
At its own stable door.

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Mountain — Branch toured an apple orchard, a cider factory and heard a speaker on the production of apples.

Mallorytown — speaker telling the story of Louis Hebert, Canada's first farmer.

Little's Corners had a nurseryman speak on care of roses, shrubs and lawns.

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"Courtesy is like the air in a tire. It eases many jolts and saves many sore spots."

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Home Economics and Health

Elora donated a life-sized plastic doll to a local hospital to be used to demonstrate heart and lung disease.

Cassburn — roll call — Sewing Tricks. A member gave a talk on thread including hints on threading a needle.

Coldwater — motto — "A good homemaker is one who not only does her homemaking in her own home, but in her town and in her country."

Huronica Coldwater Sr. motto — "To be able to speak several languages is valuable, but the ability to keep one's mouth shut in one language is priceless."

Pine Ridge — speaker using the title, "Health in the Drug Age." "Are we being encouraged too much in a childlike faith in the 'instant happiness' that we get from pills?" asked the speaker. She continued, "Pills enable us to take a holiday from reality. If our forefathers had been tranquilized to the state that some of our present population are, we might still be plowing with a stick."

Delhi — speaker discussed "Headaches, their cause and cure." Simple exercises were demonstrated and the members were required to do an exercise or pay a fine.

Helena Feasby program featured a panel discussion with the subject "The Changing World of Women." One member was discussing old and new remedies for sickness. She said, "Does your back ache? When Grandma's did she tied on a slice of raw beef. When it blackened the pain was thought to have been drawn out."

Haysville. The services of the Victorian Order of Nurses were explained to the members. This service is available to people in rural areas. There is a charge to the patient but financial circumstances are considered when charges are made.

(Ed. Note: Members of the Women's Institute will be interested to know that Adelaide Hoodless assisted Lady Aberdeen in the formation of the Victorian Order of Nurses.)

South Lobo reports having a physio-therapist visit their Health meeting who explained that many of our aches and pains come from poor posture and can be eliminated by following a few simple rules in the daily routine of exercises.

Mildmay — speaker — a hospital supervisor explaining some nursing techniques.

Helena Feasby — speaker — Problems of Overweight and Underweight.

Jasper Branch — speaker — A matron of a nursing home discussed Geriatrics, explaining the medical care, food and relaxation necessary for elderly people.

Galt members knitted baby outfits, slippers, vests, bonnets and booties for the "Save the Children Fund"; and an afghan for the Red Cross.

Oxford Mills members provided transportation for children needing to go to clinic.

Bentpath — a speaker and film discussing Cystic Fibrosis.

Shanty Bay — a speaker from the Humane Society.

Thornton — a speaker telling of diseases of the Circulatory System.

Thibeault — speaker — "Care of House Plants." Members expressed pleasure derived from visiting other branches.

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LOVELIEST OF TREES

A. E. Hausman

Loveliest of trees, the cherry now
Is hung with bloom along the bough,
And stands about the woodland ride
Wearing white for Eastertide.

Now, of my three score years and ten,
Twenty will not come again,
And take from seventy springs a score,
It only leaves me fifty more.

And since to look at things in bloom
Fifty springs are little room,
About the woodlands I will go
To see the cherry hung with snow.