

interests now are children, home management, and cooking and just getting together for an evening away from the children. They have taken a keen interest in the project "Vegetables With a Flair," and provided the leadership for the women of the Institute.

"A subject they have asked for is handling their husbands' income—setting up a budget, buying wisely, etc. Would you have available information on budgeting, or could you make suggestions re speakers?"

The request was turned over to Miss Dora Burke who is in charge of Home Management on the Home Economics Branch staff, and Miss Burke worked out a program which she felt would be suitable for the group. The material was planned to cover a series of meetings dealing with how to get the most from the family income; keeping records or accounts; estimating income and expenses; drawing up a budget and working it out. Exercises were suggested for group participation and discussion.

After a few months Mrs. Rogers reported that the group had had two sessions on Money Management and had found the material very helpful; that habits already acquired are hard to change but the young women were interested in ideas for saving money, in good shopping practices, in learning about quality and grades and when it is economical to buy in quantity. They were planning to have the banker come and talk to them about credit buying and financing; with two more sessions ahead of them they hoped to make headway on planning a budget.

Sometimes we hear that the young women in an Institute would like to take certain courses that would help them in their responsibilities with their young families; but the older women have passed these responsibilities and are not interested in such courses so the young mothers miss them. In the home management venture described here, the older women—or at least one older woman—went the second mile in actually introducing a course that they wanted and seeing they had the help they needed to carry it through. The Home Economics Branch welcomed the opportunity to have a part in it.

For Safety With Bicycles

By Alberta Stephens

BICYCLE SAFETY was the theme for Harwood Women's Institute on Wednesday evening, August 10th. Judging a moving audience is rather difficult, but it is estimated that at least a hundred parents, members and friends brought their youngsters to Harwood Community Hall. It was an in-



Provincial Tweedsmuir History Curator, Mrs. R. C. Walker, examines a box stove still used to heat the Community Hall at Desbarats, Algoma. The high chair and stroller are museum pieces owned by Mrs. Brock Suddaby.

—Photo courtesy Sault Daily Star

terested, enthusiastic audience and thoughtful questions proved their attentiveness, when Corporal A. T. Armitage, Peterborough Detachment, Ontario Provincial Police, discussed bicycle safety.

On a "pegboard" were displayed compulsory safety devices and their desirable features: pant clips, to keep pant legs from tangling in chain; handlegrips, to protect the body from puncture by sharp metal ends if a rider should fall on end of handlebars; reflectors and reflective tape for back and front of bicycle; rubber pedal grips, kept in good condition, to prevent foot from slipping when pedalling or braking.

The film, "Jiminy Cricket", on bicycle safety rules was followed by a question period. It must have encouraged listening adults to hear the intelligent questions asked by the youngsters. Safety bookmarks, car garbage bags, leaflets, etc. were distributed to the audience.

In a second film, from the viewpoint of a "bike rider", the car approached at varying speeds. It was fascinating and often terrifying to note the condition of a bicycle after a losing encounter with cars travelling at different rates of speed!

59 sets of reflective tapes were given by Harwood Women's Institute to local bicycle owners. Then children of varying ages pro-