

local ethnic groups be asked to contribute their talents to centennial festivals—their singing, dancing, dramatic performances, crafts and skills, and that other groups sponsor their appearances in ethnic costumes. Communities are also urged to sponsor a pageant depicting the community's early history. Another suggestion is to hold bake sales and teas featuring foods appropriate to centennial year.

Films. The National Film Board has excellent films relating to centennial year. It is suggested that an organization might well arrange for film showings at regular intervals during the year. Addresses of regional offices where films can be obtained are given in the article "Putting Films to Work" in this issue. Centennial Planning Branch also reminds us that films are made available through the Canadian Film Institute, 1762 Carling Ave., Ottawa as well as at the addresses given in the article "Putting Films to Work".

The Women's Activities Committee of the Centennial Planning Branch has published "One Hundred Suggested Projects and Programs to Commemorate Centennial Year," based on ideas submitted by Mrs. Evelyn Zacks, a regional co-chairman. Most of these suggestions have an educational direction, such as studying textiles, design, embroideries, furniture including styles of period furniture, classical and modern; introducing basic sewing classes for housewives with small children, es-

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BEYOND ELECTRONS

By Adelaide Love

The new believers of our age are they,
The men of science, who have come to learn
There is a will that points the cosmic ray,
A power that directs what they discern
In atmosphere, in star and wave and sod;
Beyond electrons they discover — God.

From microscope and tube evolves a faith
Of modern days, sustaining ancient creeds;
It is the scientist who makes a wraith
Of doubt, and finds a God behind His deeds.

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establishing community and district hobby groups, creating folklore Canadian Centennial design samplers for future records.

One suggestion from these ideas that will appeal strongly to some women is a Gingham Fair. The text says: "It is interesting to note what can be made from gingham. Everything should be carried out in the gingham theme—flowers, place-mats, napkins — all articles sold, to be made of gingham. Try to use the Centennial symbol applied on articles as much as possible."

Another idea is to arrange a Centennial luncheon or tea with a demonstration of Dancing Through the Ages; also to hold a concert with dances and songs that were popular one hundred years ago.

Our Heritage In Canadian Food

AS A CENTENNIAL YEAR Foods project for 4-H Homemaking Clubs, the Ontario Home Economics Branch is introducing a project "A World of Food in Canada." This promises to be a most interesting study. The introduction to the club members' pamphlet explains the project very well. It reads:

"It's a rare privilege to have a part in a nation-wide birthday party that takes place only once in a hundred years! Canadians in all ten provinces, in the Yukon and the Northwest Territories, are celebrating Canada's Centennial in one way or another throughout the whole of 1967, and visitors from all over the world will join with them during the months when Expo '67 focuses the spotlight on Canada. 4-H Homemaking Clubs in Ontario are marking the Centennial by tracing

the development of Canadian food customs from the days of the early settlers to modern times.

"In a study of this kind, girls will learn how our food habits are influenced by Canadians of many different backgrounds and will gain a respect for the traditional food practices of various cultural groups who have made this country their home.

"This project includes an assortment of recipes, some of which will be familiar, others somewhat different. Members may enlarge this collection by adding traditional recipes from their own or neighboring families and from friends in other countries or provinces of Canada. It is hoped that club members will try as many recipes as possible and enjoy adventuring into 'A World of Food in Canada'."