with instant coffee to look like maple syrup was put in the kettle; and wood and red crepe paper were arranged under the kettle to look like a fire. Scattered twigs and orlon pile were used to make the platform look like the pround in a sugar bush.

Two Institute members and two children ode on the float, one lady stirring the conents of the kettle and a little girl stirring ome in a saucer. The other lady collected tuckets and emptied the "Sap" into a barrel.

One Small Group's Achievements

By Betty Charland

TE HAVE ONLY TWELVE members in Detlor and L'Amable Women's Institute but we are sometimes a little proud of what we have accomplished by everyone working hard.

In June 1965 we decided that our Institute would take as a project help in raising money to assist a newly formed group called the Bancroft and District Association for Retarded

At Welland East and West District Institutes' International meeting. Left to right: Mrs. A. B. Miller, Pres. Welland East; Mrs. Joseph Wilson, Pres. Welland West; Rev. M. A. Aylestock, St. Catharines, guest speaker; Mrs. Harvey Eller, Pres. Hamilton Convention Area; Mrs. Russell Youngblut, F.W.I.O. Board Member; Mrs. George Walker, Pres. Stamford Institute, the hostess branch.



Children who were trying to start a day school. At that time I do not believe they had any funds at all.

Like a lot of other people, our knowledge of mental retardation was very limited, so for our July meeting we invited the president of this Association to our meeting along with a neighboring Institute. This president, who has a retarded son, spoke to us and explained what mental retardation really was and how much these children could learn if given the opportunity. Our collection of \$14.65 that day was donated to them.

This group was holding a "mile of dimes" collection at the annual Jamboree in Bancroft and some of our members volunteered to help in their booth. Then we held a euchre party and gave them the proceeds of \$8.25. We had a large box of silk patches given to us so we pieced and quilted a beautiful silk

quilt and sold tickets on it and gave them the proceeds which amounted to \$100.50.

The children started to their day school in February of this year, 1966. So we feel rewarded in helping to make the school a reality.

Besides this project we gave donations to two families with children in the Sick Children's Hospital in Toronto.

We sent Christmas parcels to all our senior citizens in the township and those from our township in the Home for the Aged in Belleville, also to those who are shut-ins. We send "get well" cards to the sick, sympathy to bereaved and congratulations to the parents of new babies. And we give a homemade quilt to any family in the township who has a fire; groceries, fruit, etc. are sent to those who have serious illness or misfortune.

Our Institute sponsors a 4-H Calf Club and a Hallowe'en party for all the children. We give donations to high school commencement awards, to the music festival and the Bancroft artificial ice fund. In 1964 a high chair was purchased for the hospital in Bancroft. I hope this will show what a small group of women can do.

Penny Sales and Dutch Auctions

By Mrs. Mary L. Downie

THE EDITOR asked how a Penny Sale is conducted. Members donate articles of small value which may include jams, baking, plastic work, small towels, plants—almost anything another person might like to own. We prepare tickets and we find that the best way is to make strips of tickets. Each strip will have an equal number of tickets, say about fifteen; every ticket on the strip carries the same number; and the strip will be sold at around twenty-five cents.

You buy a strip of tickets, detach one or more and place on any article you fancy. When all are placed, two people take charge. They take all the tickets that have been placed on an article, put them in a box or hat, shake them up and draw one. The person who has