



Dr. Margaret McCready, Dean of Macdonald Institute, addressing the Conference.

less or that can better be obtained from some other source, such as, perhaps, the Department of Education. We are trying to provide education for satisfying homes."

Miss McKercher spoke of the importance of knowing about new practices, new things on the market; it is also important to hold onto old things that are fundamental and timeless. This year the Home Economics Branch is reviving an old practice of sending representatives to District Annuals to discuss program planning. At the same time the Branch is changing some of its methods in using more radio and television.

Each specialist on the symposium spoke on some of the highlights or the newer features in her section of extension service:

Miss Frances Lampman, Clothing supervisor explained a new development, the "Durable Press," a garment that comes from the washer and dryer not needing any pressing. The material has been treated with a chemical that combines with the fibre; so when buying a garment it should be examined carefully to see that it fits well and that there are no wrinkles or puckered seams, because it cannot be altered. Another problem is that there is some difficulty with dyes — colors are limited and where cotton fibres are used they tend to break, which means that they whiten; but as the process is developed and as the material is adapted to draperies, table "linens" and other household fabrics as well as clothing, it will greatly reduce the work of laundering, saving the homemaker time for other things. "Durable Press" material is not yet available for home sewing.

Of the Millinery branch of the Clothing program, Miss McKercher said there was only one Millinery instructor on the extension staff, but from the training schools Mrs. Mildred Mulligan had conducted last year, local leaders

had carried the instruction to 2900 women over the province.

Miss Eleanor Flint, Supervisor of Homecrafts, spoke of the common advice that we should cultivate leisure time pursuits to prepare us for the years ahead when there will be more leisure time for everyone. "I don't believe in doing anything to fill time," Miss Flint said, and she stressed the point that when we say "Arts and Crafts" we mean both and that working with fabric, copper or clay to make something beautiful has a psychological value. Miss Flint sketched the content of the extension program of homecrafts, using colored slides of hooked rugs, block printing designs such as a design of playing cards on a bridge cloth, a design adapted from the wall paper of a room, designs for decorating curtains, a quilt top, a child's dress. There were slides showing leather-craft, copper tooling, crewel work and other needlecraft; appliqued quilts and pieced quilts, and Miss Flint explained that the course taught women how to make their own quilt patterns from pictures of quilts. All the courses she said, also encourage women to make original designs of their own. To further encourage the development of homecrafts there is a kit of homecraft slides with a commentary that anyone may borrow from the Loan Library.

Miss Jean Armour, specialist in Home Furnishings, spoke of the influence of good home furnishing, decoration and maintenance on both physical and mental health. "We want comfort in our homes," Miss Armour said, "but often we have few really comfortable chairs, good mattresses, good light and tables of the right height." And she went on to say that friendship suffers if a home is unattractive and if we have no place for privacy or for sociability. As a safeguard against unwise spending, Miss Armour stressed the importance of understanding the basic furnishing materials and the synthetics. The extension service tries to help the homemaker in various ways. There is a course, "What's New in Home Furnishings?" and a forum on "Color in the Home" is being planned. There are training schools for local leaders in making curtains and draperies and in home lighting and lamp shades. "We would like to hear from you about subjects you would like to have on the program and how you would like to have them treated," Miss Armour said.

Miss Dora Burke, specialist in Management, told an interesting story of developing responsibility in young people in the handling of money. A young man in his first job needed a car for transportation to and from work; and his parents were ready to help him by borrowing the money from the bank. But the bank manager suggested they let him get his