iron kettles are slung over the fire where the sap is being reduced to delicious maple syrup.

After these, three quilts of my own designing were brought into being as a memorial of my maternal grandparents. As I first recall their home, it was a log house and across the way from it was "The Sheldon Mill," owned and operated by my grandfather, Mr. George Parker and his sons. No. 1 in this group I named "Home Sweet Home." There was the old house with its evergreens and picket fence, the pump, and a swing for the grandchildren. Naturally my next venture was the old mill. While in many respects it is not a reproduction of grandfather's mill, yet it was because of this memory that the idea was born. There is of course the water wheel, and the stream and the grain bags sitting in front of the mill, with trees and shrubbery added. It was named "Any Grist for the Mill?" This was the title of a poem in our second reader.

"Piney Villa" was finished in 1960. It resembles "Home Sweet Home." The sashings between the blocks are embroidered with sprigs of pine and pine cones. Many of my friends consider this to be my best work.

You may wonder how I became interested in this type of work or art of sorts. Going back to my childhood, I was given free access to the rag bag in the store room, and never was there a happier child than when I was left to myself to make quilts or clothing for my doll. My mother did not say "Now Flossie, you're wasting these nice pieces." She seemed to enjoy it along with me.

There are other designs which I would like to do, and now at seventy-two, please God, maybe someday I shall. One is of my paternal grandmother's flower garden. In it there grew a most wonderful variety of tulips, hyacinth, iris, bleeding heart, peonies, phlox, gillardia, hollyhocks, roses, pansies, day lily, oriental poppy, snow ball, bridal wreath, carnation, larkspur, scarlet lightning, daisies, etc. and the ordinary sunflower was sticking its head over the garden fence. How do you get all these flowers into one quilt? I'm sure I wouldn't wish to forget any of them.

My last idea comes from a winter scene which my husband noted from one of our north windows. Snow lay deep in the garden and the small pine tree at the back of the garden was glistening with ice and snow. On the fence on one side was perched a cardinal, on the other, of all things — a blue jay. Here was a Christmas card in reality, to say nothing of how attractive it would be in a quilt design. They say you can always find time to do the things you want to do, so here's hoping.

Have a hobby folks — it will help you over the rough places.

* * * CONTENTMENT By Rosalie Garrett Peters

Cozy little house, open fire a-glowing, Father with his pipe, mother with her sewing, Sister doing problems 'neath the hanging lamp, Bill and Ned still talking 'bout their summer camp.

I just lay a-thinking, like a boy will do, Munching on an apple, tapping with my shoe. Nice to have a fam'ly on a frosty night, Makes me feel important and ev'rything just right.

More Commemorative Spoons

N THE SUMMER issue of Home and Country, page 27, we had a report of Saltfleet Women's Institute's experience selling Commemorative Spoons to raise funds for Institute work and to give member others an opportunity to buy these interesting spoons for gifts or for their own use spoons, of community plate, are engraved with portraits of famous persons such as Admaide Hoodless, three "Men of Peace"-Pope John XXIII, Sir Winston Churchill, President John F. Kennedy and others. The list now includes Sir John A. Macdonald and the coats-of mins of Canada and each of the ten provides, There is also available a wall rack for displaying sixteen spoons.

Any Institute interested in buying a number of spoons wholesale to sell at the retail price of \$1.25, keeping the commission as Institute funds, should write for complete information to the Sales Representative, Miss Pearl Cark, 66 Rosedene Ave., Hamilton, Ont.

Northern Girls at 4-H Conference

THE FEDERATED Women's Institute of Canada has received a youth toyel grant of \$1,000 from the Centennial Commission.

This will be used to bring two native gats from the Mackenzie District to the National 4-H Club Week and Conference later this season. A leader selected from W.I. Personnel in that District will accompany the girls and present plans, confirmed by the Canadian Council on 4-H Clubs, will call for them to join the Alberta group in Edmonton and travel with them to Ottawa and Toronto.

F.W.I.C. has eleven branches in the Mackenzie District and one in the Yukon, the first one formed in the fall of 1960 at Fort Providence. This project to assist the girls is an initial effort which it is hoped may lead to the development of Homemaking Clubs for the girls under the 4-H program.