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SONNET

By Archibald Lampman

Not to be conquered by these headlong days,
But to stand free; to keep the mind at brood
On life's deep meaning, nature's altitude
Or loveliness, and time's mysterious ways;
At every thought and deed to clear the haze
Out of our eyes, considering only this,
What man, what life, what love, what beauty is,
This is to live, and win the final praise.
Though strife, ill fortune, and harsh human need
Beat down the soul, at moments blind and dumb
With agony; yet, patience — there shall come
Many great voices from life's outer sea,
Hours of strange triumph, and, when few men heed,
Murmurs and glimpses of eternity.

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A.C.W.W. President, who is to be one of the speakers at the Congress. Mrs. Van Beekhoff is Vice-Chairman of the FAO Committee for the Freedom From Hunger Campaign, the only woman on that body. Mrs. Van Beekhoff will spend about eight weeks in Canada visiting the Constituent Societies of A.C.W.W. in this country, her tour to take her to the Mackenzie District where she will meet the newly formed NCWI Branches. Mrs. Van Beekhoff will be spending one week in Ottawa at the end of June as guest of the national organization.

Tweedsmuir Competitions 1961-1964

F.W.I.C., our national organization, has announced the following Tweedsmuir Competitions for the triennial term 1961-1964:

Handicraft — A Sampler.

Cultural Project — An Oil Painting.

Citizenship Project — A Play, "Municipal Affairs". The Citizenship Project is for the Cairine Wilson Trophy.

F.W.I.C. also sponsors a Tweedsmuir History Competition but there will be no competition in Histories at provincial level.

All Ontario entries must be sent to the provincial office, Federated Women's Institutes of Ontario, 20 Spadina Road, Toronto 4, for judging. The winner of the provincial honours will be sent on to the national office for further competition. Entries must reach the provincial office not later than Dec. 1, 1963.

The following prizes will be awarded by the Federated Women's Institutes of Ontario in the several competitions at provincial level: In each competition a First Prize of \$25.00, a Second Prize of \$15.00 and a Third Prize of \$10.00. In the Citizenship Project there will also be two Honourable Mention Prizes of \$3.00 each. In addition to the regular prizes for the Sampler, Mrs. A. B. Zacks of Toronto,

who is keenly interested in this work and has conducted some of the courses of instruction, plans to award a beautiful trophy to the provincial winner.

A letter from the F.W.I.O. office to Institute Secretaries says, referring first to the Sampler competition:

"Since the members of your District and Area will want to see the fine work that is being done, we would suggest that a display of samplers be arranged for District Annuals and Area Conventions before they are sent in for judging. (Please note that the showing of Samplers at District Annuals and Conventions is not a competition — just an exhibition. It was felt that these must be judged only by people thoroughly qualified in work of such high calibre.)

"Entries must be clearly identified as to the Area and District when they are forwarded to Toronto, in order that the judges may make the Area and District awards in the course of their judging. The winner of the Provincial honours will then be sent on to the National Office for further competition."

The Oil Paintings will go through the regular competitions at District and Area levels and one winner from each Area will be forwarded to the F.W.I.O. office for judging at provincial level.

Entries in the Citizenship Project, a Play, "Municipal Affairs," will be sent from the writers directly to the F.W.I.O. office for judging.

A School of Arts and Crafts

HOCKLEY VALLEY SCHOOL of Arts and Crafts, Glen Cross, Ontario, announces a summer session to run from July 21 to Aug. 17, with courses in painting, chamber music, ceramics, sculpture, ballet, drama, opera, fashion design, folk dancing, jewelry, landscape gardening, silk screen painting, spinning, weaving, with a variety of courses for children. There will be lectures and discussions on The Canadian Indian and The Arts of Other Lands.

Hockley Valley is a popular ski resort near the town of Orangeville. Ski lodges and other buildings will be used for classrooms. Students will find their living accommodation in nearby homes or motels and there are camping facilities on the grounds. For rates of tuition fees or other information, write the Secretary, Mrs. Freda Lennox, Hockley Valley School, Glen Cross, Ont.