books for recipes and ideas. These books are more valuable to me now than they were when I made them."

"We were very fortunate to have these clubs as several friends of mine, now mothers, don't know how to sew a button on. As a result of club work I can make almost all my own clothes. In cooking each week I try to make something different from my reference file."

"I make all my own hats and clothes except coats . . . and I know how to dress properly for the occasion."

"With a small baby now I can make things for him because I learned to sew in club work."

"I have gained confidence in planning meals and entertaining."

And the benefits of club experience were not limited to cooking and sewing and keeping house. These "graduates" of the complete club program said:

"The experience of expressing myself in clubs helps me now as a teacher and as county president of the Junior Farmers and Junior Institutes."

"Being a nervous type of person and afraid to do things in public when I was younger, has been overcome by my club experience. The project, 'The Club Girl Entertains' was partly responsible because of the etiquette we were taught. I am no longer bothered by thinking I may be doing things improperly."

"Club experience helps us to accept criticism, to evaluate ourselves and our work and to have confidence."

"4H Homemaking Club work not only gives the latest instruction in home economics. It teaches one to accept responsibility and leadership, and to finish a job on time; and it provides an opportunity to meet new, outstanding people."

"In club work you learn the art of leadership, fellowship and co-operation. Besides learning to cook and sew, through association with club members I broadened my thinking in other directions."

These young women who have taken every 4H Homemaking club project offered, expressed their appreciation of the extension staff who plan the program, the County Home Economist who supervises the work, the Women's Institutes who sponsor the clubs and the local leaders who give their time and ability in working directly with the girls.

Just now most of them are tied at home with small children but they hope to offer their services as club leaders as soon as they can, so that other girls may have the opportunity they enjoyed.

## Award For Local History

THE FEDERATED WOMEN'S INSTITUTES of Canada have been awarded a Certificate of Merit, by the Canadian Historical Association, for their "outstanding contribution to local history in Canada". The work of the Women's Institute in preserving local history, through the Tweedsmuir Village Histories, merited a similar award in 1940 from the American Association of Local and State History.

In the "Foreword," which was compiled by Lady Tweedsmuir to be used in each his tory, she says in part: "It is the history of humanity which is continually interesting us and your village histories will be the basing of accurate facts much valued by historian of the future."

This is a continuing project of the national organization. Over 2,000 such histories have been completed since the project was inaugurated by Lady Tweedsmuir for the the biennial national term, 1945-47.

The restoration of the birthplace of the founder of the Women's Institute, Mrs. Adelaide Hunter Hoodless, is another evidence of the concern of the FWIC for the preservation of local history. It is planned to have the completed by Canada's Centenary Year 1967.

## A Message From Lady Tweedsmuin

In a letter to Miss McKercher, dated Nov 20, 1962, Susan Lady Tweedsmuir wrote:

"I have received this morning the two manuals about the Tweedsmuir histories. I am most interested in them and was thrilled to see what a very high standard they set for village histories which will mean so much to the future historians of Canada. It was good of you to send them to me.

"I am on the mailing list of Home and Country. Also Mrs. Graham Spry sent me a most charming little picture of the house where the Women's Institutes began. I wonder what Mrs. Hoodless would say if she could come back and see how this movement which she started has spread all over the world."