so we must decide upon those things which Aristotle calls "possible and becoming". The opportunity to serve in a useful manner is always before us-what is becoming for us as an organization is for us to work out together; and working together, there is no end to the influence we may wield for good in many places. That we shall always continue toward this in the future is my sincere wish for all of you and our organization.

LILAH S. LYMBURNER

Scholarship For Asian Student

ELIEVING that Women's Institute members would like to hear how their F.W.I.O. Anniversary Scholarship is being used to assist a young woman from Ceylon to further her training as a home economics extension worker among her own people, we asked Dr. Margaret McCready, Dean of Macdonald Institute, to tell us something about the scholarship course and its purpose for foreign students. Dr. McCready said:

'At Macdonald Institute, Guelph, in the past few years we have had students from developing countries coming to take the one year Diploma Course in home economics. In most cases they have been elementary school teachers who have been including home economics subject matter in their school classes and wished to take a refresher course to improve their background and to bring them up-todate. One young woman, supervisor of home economics in Antigua, has written on several occasions about the great advantage to her, in her West Indian island home and community, of the studies she had at Macdonald Institute. One student each from Uganda, Trinidad, Jamaica, British Guiana, and Ceylon is with us this year.

"Through the influence and interest of a Canadian in Ceylon, Prof. E. A. Hardy in F.A.O. Technical Assistance, Miss Pearl Isaacksz has come to take the one year Diploma Course. Miss Isaacksz is a graduate of a two year Agricultural Course given in a girls' farm school where the young women studied native farm crops and their culture as well as rural home management, the marketing of produce, both food and textiles such as blouses, mats woven from the hung weed, health, sanitation, nutrition, child care and extension methods.

"During the year at Macdonald Institute, Miss Isaacksz expects to become acquainted with new material in home economics studies which she will apply in her adult education program training community leaders in Ceylon. The rural women and girls trained will then spread the ideas through their village classes, to the improvement of home and personal living. Our courses in foods and nutrition, textiles and clothing, management and equipment, related art and housing, child development and family relations will provide principles which can be applied in all countries notwithstanding present levels of living.

"It has been of great interest and value to both students and faculty at Macdonald Institute to have these young women from different countries and cultures coming to live with us and exchanging ideas during one year."

And because it seems such a practical plan to use scholarship funds to train a native young woman who has already had some experience working in rural Ceylon, and who knows the speech and customs of the people, we asked Miss Isaacksz to tell us something of what she

hopes to do. This is her reply:

'On completion of my course at Macdonald Institute I plan to go back to Ceylon and put into practice the advanced knowledge of home economics gained here, as there are no personnel who have specialized training in this field in rural Ceylon. I intend working for the Women's Organization in Ceylon; that is, the Lanka Mahila Samiti, which is affiliated with the A.C.W.W. This organization was interested in my course of study here and was anxious to assist me in obtaining a travel grant from the Asia Foundation, although this did not materialize.

"As I have already worked along with village men and women in helping them improve agricultural techniques and health and sanitation measures, I hope to travel about as personnel representative and advise the Sinhalese Tamil communities regarding methods of living, with stress on the preservation of foods available. The Women's Organization hopes to establish and run food preservation centres on a commercial scale, thereby assisting the government in its campaign to grow and preserve food products to the fullest extent possible."



Miss Pearl Isaacksz of Ceylon, now studying home economics at Macdonald scholarship awarded by F.W.I.O. Miss Isaacksz will return to Ceylon to work among her own people.