

Honeydale women who took "The Third Meal" project, with their exhibit (unfortunately hidden) at Summary Day. The P.R.O. says "We found this an excellent course. One of our most effective ways of getting new members is to have a course of interest to the ladies of the community."



of the anniversary. An accompanying letter stated that the English Institute had rung the bell at their meeting before sending it. Members and guests at the anniversary banquet signed a card of thanks to be sent to the Maple Durham Institute.

At **Singer's Corners'** meeting just before Easter, the president, Mrs. Wm. Paroschy, a Ukrainian Canadian dressed in a forty-year-old, hand-beaded costume of Ukrainia, demonstrated the Ukrainian art of colouring Easter eggs.

Rockalong's Home Economics and Health program had an especially enjoyable feature in a number of one-minute impromptu speeches. Several members were each given a slip of paper with a topic written on it and all came through with some interesting remarks. Other parts of the program were a progress report of the Eat to Live project, a "True or False Health Quiz", an exhibit of beach bags made by a member from foam rubber and plastic, and a showing of home economics literature available from the Department of Agriculture.

For their Agriculture and Canadian Industries program, **Ravenna** had the motto "Necessity is the Mother of Invention" and a paper on "What is Canada's Greatest Need in Industry Today and How Can Women Best Serve That Need?"

Golden Lake reports two meetings that they found particularly interesting: the Health meeting when the local medical doctor spoke on Food Poisoning and the roll call was "One of Grandmother's Remedies" and the Education meeting. For the program on Education they had Open House for parents at the school in the morning and the Institute meeting in the evening with an address by the School Inspector on "Standards in Education and the roll call "Something money cannot buy."

Kilsyth had a program on table setting for buffet meals and formal dinners with a talk on fine china, silver and stainless steel tableware. The roll call for this meeting was "A domestic job I would like to see a man do."

North Derby reports an interesting paper, "Six Ways to Cut Down Medical Expenses." **Solway** had an address on Diabetes with emphasis on early detection. The roll call was "An important medical advance within our lifetime."

This suggestion comes from **Coleridge Union**: At their family night, when they always have a turkey supper, the members were divided into two groups, one to do the catering, the other to take charge of the entertainment. They had euchre for the older people, crokinole and dancing for the "younger set," and games for the children with several of the young mothers in charge of the different age groups. At Christmas time a group of the members called at the homes of the shut-ins of the community to leave Christmas boxes and to sing carols. In the project "The Third Meal", the PRO, Mrs. Watson McCulloch reports "We had a jolly time at the meetings, all held at the home of the president. Shortly after the course was finished one of the members opened her home for a social evening. Our leader and assistant and our hostess were presented with gifts and lunch was served buffet style featuring dishes made in the course." At Summary Day we sang a song composed by our members, and sung to the tune of Yankee Doodle."

Members of **Stanley Institute** met together several times and made two dozen stuffed animal toys for the children in Twinhaven School.

Kawartha had an interesting program at their meeting on Education. The roll call was "One way to help our youth," the motto "As the twig is bent so grows the tree", and there was a panel discussion with Institute members, teachers and members of the school board participating. They discussed local problems and emphasized the importance of encouraging young people to stay in school as long as possible.

This note comes from **Cloverdale**: "Several members wrote essays on "Childhood Memories" for our Historical Research meeting. Originally we intended to judge these essays but after hearing them read at the meeting all were judged equally good."

Keward Institute members, wearing dresses in the style of a hundred years ago staged an old-time quilting party for their float at the Centennial Fair. Antiques on the float included a christening dress over a century old and a hand-hewn cradle. "The project aroused quite a community interest in historical research," says the convener.

