

of the community and our country; and most important, that we are better able to cope with the problems that daily arise in our own lives.

Adelaide Hoodless had a vision when the Women's Institute came into being, and it was a practical one—simply that she wanted women to be better informed, more knowledgeable and as a result, better individuals. Sure, if it was not too much to expect more than sixty years ago, it is not too much to expect of our women today. We are the members of this organization and it has always been those at branch level who have made the policy of the organization.

"Have you really considered the needs of the day for your members and for the interest of new members? And if you have, whither are you going with your information? To building an ever better organization for the future? I sincerely hope so."

The Women's Institute Film Day was in charge of personnel from the National Film Board. Mrs. Gowan Young, Public Relations Officer, London Area, was chairman. The programme opened with the showing of "The Royal River," the official opening of the St. Lawrence Seaway by Queen

Elizabeth and Prince Philip. The following films were shown in connection with Women's Institute Standing Committees. Education: film used, "Eternal Children." Mrs. D. Hart, F.W.I.O. Convener of Citizenship and Education, was the commentator. This film showed how the problems of mentally retarded children are now being met vigorously by groups of parents working under the Canadian Association for Retarded Children. Historical Research and Current Events: "Down North." Mrs. W. Hough, Stratford, was the commentator. This is a progress report, in colour, of recent sub-arctic developments in the half-million mile district of Mackenzie in the Canadian North. Home Economics and Health: Mrs. H. Wales, Komoka, demonstrated the different grades as indicated in labels on canned goods and described their relation to the product.

A list of suggested films for Women's Institute Standing Committees was given to each member. Any convener interested in this list for her Standing Committee may have it by writing to Mrs. P. Y. McCandless, Public Relations Officer, F.W.I.O.

## National and International Competitions

**T**HE Ontario Provincial President, Mrs. L. G. Lymburner, has already sent this information with further details to Institute secretaries. We repeat the announcement here so that individual members may have it for their information or for reference.

### FWIC Citizenship Project (For Senator Cairine Wilson Trophy)

The 1960-1961 Citizenship Project is to be a Scrapbook of a project carried on by a Branch or Club in its own community; e.g., the building or renovating of a community hall, improving a cemetery, landscaping a school, etc. The Scrapbook is to contain the story of the project, and must include snapshots. These may be of the "before and after" variety frequently seen in magazines.

Each individual Institute may submit one entry. Entries are to be sent to the Provincial office, FWIO 20 Spadina Road, Toronto 4, for judging at Provincial level. The winning Scrapbook will be sent on to FWIC for judging at National level.

#### Closing Dates—

Provincial Competition—March 31, 1961

National Competition—April 30, 1961

1st Prize at Provincial level—\$20.00

2nd Prize 10.00

3rd Prize 5.00

Detailed rules for compiling the Scrapbook are with the Institute secretaries; or they may be had from FWIO office, 20 Spadina Road, Toronto 4.

### ACWW Essay Competition

1. "How I Broaden My Horizon Through Group Contact and Study."
2. "Our Children and Their Games."

Closing Date for Provincial Competition —  
**February 15, 1961.**

All entries should be sent to the FWIO office, 20 Spadina Road, Toronto, before that date. The three best Essays in each class will be sent on to the ACWW for final judging.

Silver Women's Institute spoons will be awarded for the three best Essays in each class.

### Rules for Essays

1. Essays should be submitted with full names and addresses of the authors (on a separate sheet of paper) as well as the name of the Branch and the District.
2. Competitors are advised to keep a copy of their work.
3. Essays must contain not less than 800 and not more than 1,500 words.
4. Essays may be written in ink or typed, but please write on one side of the paper only.
5. **COPYRIGHT** — The authors and their Branches must understand that the copyright of the Essays submitted belongs to ACWW, and that none of these Essays may be made public in any form before the International Awards are announced; and thereafter the winning Essays must not be published without the permission of ACWW.
6. The results of the two Essay Competitions will be announced before the 1962 ACWW Conference.