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A happy life is not built up of tours abroad and pleasant holidays, but of little clumps of violets noticed by the roadside; in one long continuous chain of little joys; little whispers from the spiritual world; little gleams of sunshine on our daily work.—*Edward Wilson of the Antarctic.*

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least five vice-presidents, and officers should make use of them and spread all over the district to help them."

Elmdale advises "Use your own local talent at meetings. Have nurses, teachers, inspectors and others in the community service speak and invite them to your social evenings."

South Waterloo Jubilee: "We would like to have short skits made available to loan for use in meetings." (There are a few scripts for skits in the Loan Library but the best skits are those that the members make up themselves.—Ed.)

Northgate: "If special study is needed to present a particular subject on the programme, we feel it is better to have our own members do it as they then have the benefit of the study." . . . "Have winter meetings begin at two o'clock, and have the President and Secretary go over correspondence prior to the meeting, distributing as much of it as possible to the conveners concerned to save time. Tell guest speakers the time they are expected to arrive, preferably after the business is finished."

Troy: "Our Institute is a wonderful community morale builder. We do not aim at making money. We aim at making friends."



Local leaders, Mrs. Chas. Rathwell, Assistant, left, and Mrs. Bower Heney, with lamp shades made by Leonard Institute women as a result of their project "New Lamps for Old."

King's Forest: "In Institute social activities it seems as if we give too much attention to games and contests and not enough to drama, art and music."

Temperanceville: "Our written suggestions handed in in answer to the roll call help the programme committee to find out what the members don't like about our meetings and what they would like to have during the next year."

King: "We try to have **one** money-raising project in which each member can assist. It discourages members if they are constantly being asked for donations of money or food."

Elm Grove: "Programmes planned with the idea of group or at least majority participation would add to the general interest of a meeting."

Union Street: "We had evening meetings during the summer. Care was taken to have good programmes in an endeavor to attract the younger women. Some of them cannot come to the afternoon meetings."

Portlock Royal in reporting an enthusiastic response to the extension service local leader project "The Third Meal" comments: "We suggest that leaders be changed frequently so that different members will acquire some leadership training." (A sound suggestion. The appointment of leaders of course rests with the local Institute.—Ed.)

Portlock Royal also comments: "Institutes were started in the beginning to serve the whole community. Today our community has grown to embrace the whole world but that is too large for the majority of members to envisage. If we work to help our own community to become a better one we can achieve more than by spreading a thin covering over a whole territory."

Eden: "Members feel that the Institute receives too many requests for charity; that they should stress the educational side of Institute work," and asks what can be done to stop "the pages and pages" of appeals that come to them.

Campbellville: We hold meetings in the evenings as it is more convenient for young mothers and everyone seems more relaxed."

Bethany: "A brief summary of Canadian Association of Consumers' bulletins is given at each meeting. We do not receive enough copies for all our members so we cannot give them out and if they are left for interested women to take home few remember to take them."

Falkland: "If an exchange of programmes amongst the Institutes could be arranged it would bring fresh ideas to each Institute."

Rosemount says: "We believe our Well Baby Clinic is so worthwhile that we would recommend this work to other branches; also our swimming classes for children. The Institute assumes most of the cost so that all children whether rich or poor can manage, financially, to attend."