

were for a little boy's room. It might be a suggestion for other leaders that I got several sheets of paper for shades for our group from the nearby paper mill. This was an interesting project and not expensive."

Mrs. Jack Baker of Adolphustown reports that her group took their instruction in two evening sessions starting at seven o'clock with a coffee break at nine. Several shades have been made since Summary Day. Mrs. Baker mentions bases made from lengths of apple wood and cherry wood. The bark was removed, the wood sanded and given two coats of penetrim.

As a follow-up of the work at Berwick the leader and assistant leader were asked to come to a neighboring Institute to give a demonstration in making shades. The women of Agincourt Institute were asked to show their shades at a meeting of the I.O.D.E. The leader at Odessa has had several inquiries from local groups and at the time of writing hoped to have a class of women from the Women's Guild of her church. The Cumberland women are planning to have exhibits of lamp shades at both the Ottawa Exhibition and the local Navan fair. Mrs. Donald MacLachlan reports: "We plan to have a lamp shade exhibit at our fall fair. Each group will exhibit lamp shades on lamps—not as a competition but to show what the Institutes are doing." Mrs. E. S. Reddick says: "Since our lamp shades were shown at the Aurora Horse Show, my assistant and I have been asked to demonstrate to another Institute that was unable to send a leader to the training school."

Mrs. Mary E. Wilson's suggestion for other leaders is that it is better to have two small classes than one large one, and to begin working with stiff cardboard and progress from that to fabrics. Beatrice Harry recommends getting at the practical work at the very first meeting with the group; otherwise they lose interest.

Mrs. F. A. Cameron says "We are all more 'lamp shade conscious' as a result of this project. There won't be as many dirty, crooked shades about. And the information on proper lighting in the home was very valuable." Mrs. Bower Hiney reports that since their meetings to cover the project were held in the town hall, they have been having gatherings in their homes as a "brush up" along with refreshments. Quite a lot of interested "outsiders" come to these gatherings. Mrs. A. Train says that while they have not made any new shades since Summary Day many of the women who took the instruction will make new ones as they decorate their rooms and want shades to correspond with the new decoration.

Mrs. N. Thompson writes that her young son is a stamp collector and she plans to make a lamp shade for his room, covering it with postage stamps.

One leader makes this very pertinent suggestion: "I think there should be some ar-

rangement by which the Institute will pay for the tape and frames that the leader has to use in demonstrating to her group. I bought the roll of tape and am left with it on my hands. I also have a number of wires for frames left too."

Mrs. George Kelly advises local leaders to make several shades of different types before they start to teach. Besides giving them confidence the experience prepares them for problems that are sure to crop up.

Mrs. E. Irwin feels that the lamp shade project fulfilled its purpose in that the women learned how to make patterns for new lamps and how to fix up old ones. She says: "Some of our girls have made lamp shades using linen over bristol board, glazed cotton, dotted nylon and they plan more interesting ways by adding a bit of originality."

Hints For the Home Nurse

Mrs. Welland Gillan, leader of the Antrim Institute group wrote: "Since we had the 'Hints for the Home Nurse' project one member has nursed an aged heart case and another has, herself, been very ill in her home. In both cases many of the ideas and the improvised articles were helpful. Particularly mentioned were the back rest, tray arrangement and the relieving of the weight of bed clothes on the feet. As a suggestion to leaders I think it is a very good idea to have the women discuss the difficulties they have already encountered in home illnesses.

Mrs. L. G. Hadfield reports that women from her group are demonstrating "Hints for the Home Nurse" at the Lakehead Exhibition. They too have used some of the improvised sick-room equipment in their homes.

As a suggestion for other Institutes, Mrs. Ronald Wright recommends appointing a leader who has had some experience in nursing as a registered nurse, a practical nurse or a nurse's aide.

Mrs. E. G. Grant says the members of her group are finding the Manual given in this project very useful.

Mrs. Milton Fisher feels that one of her members spoke for many women who have taken this project when she said: "If I had only known about some of these simple things when my mother was in bed for so long it would have been such a help."

Many of the members of the group were pleased to have learned to read a thermometer—something they had not been able to do before."

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You must be sure of two things; you must love your work and not be always looking over the edge of it, wanting your play to begin. And the other is, you must not be ashamed of your work and think it would be more honourable to you to be doing something else . . . No matter what a man is . . . I wouldn't give tuppence for him . . . whether he was the prime minister or the rick thatcher, if he didn't do well what he undertook to do.—*George Eliot.*

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