



The best things are nearest; breath in your nostrils, light in your eyes, flowers at your feet, duties at your hand, the path of God just before you. Then do not grasp at the stars but do life's plain, common work as it comes, certain that daily duties and daily bread are the sweetest things of life.—Robert Louis Stevenson.



from one-quarter yard of material but she "went home and actually made it."

Mrs. W. F. Peters finds that the women use bias binding and the tracing wheel now where they had never done this before.

Mrs. D. Hurst feels that what was learned about quality and colour combinations was very important. Some women who had the idea that anything was good enough to wear around the house know now that the better materials look smarter, wear longer, are easier to work with and launder well. Colours and colour combinations chosen now are usually very pleasing.

Mrs. Alton Johnston says if there were some way of getting all the Institute members to attend the Summary Day they would take more interest in the project.

Mrs. W. A. Copeland says: "As a local leader I hated to seem to dictate to others who might be more experienced sewers than I."

Mrs. Cyril D. Brilby advises, "Don't try to teach too much at a time. One thing well done is better than three things half done. Be patient with beginners."

Mrs. Bryce suggests in arranging a class to take lessons from the local leader that the members be placed at tables set in a semi-circle or hollow square with the teacher at a head table and that when a member needs help she should hold up her hand for the teacher to come to her. This give everyone a chance to have the teacher's attention and saves confusion.

Mrs. Howard Hewitt reports that the girls of her Junior Institute started their work on a simple apron which was soon finished and that this gave them confidence to try something more difficult.

Mrs. Doris Stranton found that too many in one class makes teaching very difficult. It is better to divide a large class into two.

Mrs. V. O'Brien says: "Be careful in choosing your leaders. Some can do wonderful work themselves but they can't pass the teaching on to others. Set a definite time to start your work periods and don't make them too long.

Mrs. P. H. Sherwood gives this advice: "We found that the afternoon classes were much easier to teach, one reason being that we had lots of room—a room for cutting, one for sewing with four machines, and a pressing room. The evening classes were held in

much smaller quarters and only one sewing machine was available."

Mrs. Ellis Leigh says: "Perhaps the most worthwhile result of the project was the spirit of co-operation shown by the members. Each was quick to help another who ran into any difficulty. In making aprons for a bazaar we found it a good idea to buy several yards of one piece of material and let each woman cut out her apron and pass it on to the next. The scraps were used for stuffed toys and pot holders."

Rug Making

Most of the leaders of the Rug Making project said that the women had been too busy—especially those who live on farms—to make rugs during the summer, but that a number of them plan to make rugs next winter. One leader, Mrs. A. T. McNab has made four since Summary Day and is to give another demonstration for the benefit of some women who could not attend the earlier sessions.

Mrs. Leonard Unruh reports that three of her group have each made three rugs and that they now consider rug making their pet hobby. Indeed the hobby idea seems to be growing. Mrs. Unruh herself finds rug hooking a relaxing change from other work and she is convinced that from now on a great many women will have a rug in their frames all the time. Mrs. George Campbell considers rug making an art. "The more you make the more you wish to do," she says and she tells of one young lady who has made three rugs, each one better than the one before it. Mrs. Gerald Waite, speaking for her group, said "Even those who made only two mats made quite a few improvements in the second one." Mrs. Willet Barber said that at the Institutes' county rally the women told of their great expectations as to colours, fabrics and designs "for the rugs they hope to make this winter."

From the angle of thrift, Jessie McIntosh says: "It is wonderful what beautiful rugs can be made from clothes that are not of any more use."

"Before we had the class it was popular to buy a stamped design all ready to work. Now most of us think it more interesting to create our own designs," writes Mrs. Gerald Waite. Mrs. N. Richardson says: "Before we had our rug making class no one thought of making their own design. We bought burlap already stamped and used the colours suggested. Now each member makes her own design and chooses her own colours." Mrs. Mabel McQuitty comments: "To get an appropriate design was our biggest difficulty but speaking for myself I know I can improve on my next one." And Mrs. H. Style: "We are planning on making more rugs this winter and all of them will have original designs and fresh colour schemes." Mrs. Robert McIntyre: "We combined our colours much better after taking the course." Mrs. Ivan Paterson: "We will make good use of the instruction we received