

Here and There With the Institutes

MOST of the news given here was taken from press reports, with an occasional note sent in by a branch secretary.

AGRICULTURE

On their programme on Agriculture and Canadian Industries, **Vasey** had the motto: "One tree will make a million matches; one match will destroy a million trees."

North and **South Brant** joined in their first county rally in January. A feature of the programme was a panel discussion on "What Organizations Mean to Rural Women," the panel members representing the Federation of Agriculture, the Farm Radio Forum, the County Medical Co-operative and the Women's Institutes.

Meadowvale arranged a very successful community night in the school with speakers on Conservation from the Credit Valley Conservation Authority. The addresses and the pictures made this an interesting programme for people of all ages.

HOME ECONOMICS AND HEALTH

Rosemont's interest in the welfare of the home and the family is indicated in the report of one meeting where a member reported on the baby clinic — evidently this is one of the Institutes sponsoring or assisting at regular baby clinics — and the members voted to provide scales to weigh children past the baby scales stage. Another member reported on the progress of the swimming classes for children. After the business session the leader of the girls' homemaking club took charge of the programme and the girls demonstrated making tea biscuits.

Seaforth did a good piece of education on safety when they had the roll call, "How I can prevent fire in the home."

Lamlash had a talk on "Mothercraft" by a nurse from a mothercraft centre. At the same meeting the 4-H Homemaking Club girls with their leaders in the club unit "The Club Girl Stands On Guard," demonstrated artificial respiration, putting an arm in a sling and bandaging a cut finger.

Laurentian View had an interesting talk on planning farm kitchens. The member who gave the talk had procured the Loan Library kit on Kitchen Improvement and she used the plans in the kit to show how inconvenient kitchens could be remodelled. The 4-H Homemaking Club sponsored by the Institute and

the club leader were guests at this home economics and health meeting.

Brooksdale's July meeting was in charge of the girls' homemaking club. Two girls gave a demonstration on how to vary meat in the menu. Another girl spoke on "Clothes Closets Up-to-date" and others gave readings and a tap dance number. Each girl was presented with a spoon for having taken part in the last club project.

At **Middlemarch** Institute's health meeting a doctor from St. Thomas Ontario Hospital spoke on child psychology, family life and institutional care.

Zion Jubilee's health meeting programme included the roll call: "A health-building habit"; the motto "Good health and good sense are two of life's greatest blessings"; and an address on Muscular Dystrophy.

Walford members who had taken the course Sandwiches for All Occasions with another branch, gave a demonstration of what they had learned at a meeting of their own Institute.

Tavistock's home economics and health meeting had for a roll call, "My worst mistake in cooking" and the motto "What we make of our home is more important than that of which our homes are made." As an evidence of this Institute's activities in health work an announcement was made concerning the Well Baby Clinic and the administration of anti-polio Salk vaccine and a course in "You and Your Family's Health."

Peace branch at its home economics and health meeting had for a roll call suggestions on how to feed the family for health. A special feature of the programme was a showing of films dealing with the entertainment of two and three-year-old children and "a documentary on the bush doctor." (An Australian film, no doubt.) **Hurondale** had an address on "Using Psychology in Housework" and a talk on the motto "It is little waste that fills garbage cans." At **Chesley** the home economics teacher in the district high school demonstrated "Ironing Tips."

Many branches are sponsoring child health clinics in co-operation with their county health unit. A press report announces that a monthly clinic will be held at **Honeywood** for infants and pre-school children. Problems of nutrition and general care will be discussed with the mothers by the Public Health nurse and children will be immunized against smallpox, diphtheria, whooping cough and lockjaw.