

Quilting members of Saltfleet Institute, met every week during the winter at the home of the president, Mrs. Frank Lee. Since they began quilting in 1941 they have made 1200 quilts which were given to the Red Cross and the Children's Aid.



demonstration on smocking; each member "trimmed a hat and wore it"; and they had a discussion on training a child to accept responsibility.

**St. Lawrence:** The October meeting. "Everyone joined in. Menus for a Thanksgiving dinner were discussed, a table was set and members gave their opinions on ways of serving the dinner and what table decorations they favored."

**Dornock:** "At each meeting each member gives a household hint or a recipe. This gets everyone taking part. We took the Spring Home and Country editorial on "The Satisfying Home" and based the year's programme on one sentence for each meeting beginning with "The satisfying home is economically sound" and carrying through to "The satisfying home is founded on mutual affection and respect." Each programme was linked with the work of one of the standing committees.

**Glanford's** outstanding programme was an address by a local doctor on children's diseases, followed by a question period. **Centreville**, also **Maple:** a doctor's talk on the detection and cure of cancer. **Guthrie**, talks on St. John Ambulance work. **Nephton:** a film on preventing accidents on the farm and a talk on safety and fire prevention. **Lake Dore:** a doctor's talk on women's health problems with questions answered from a question box. **Alton:** a nurse's talk on the care of new-born and premature babies. **Zephyr:** an optician's talk on the care of the eyes. **Beaverton:** a talk by a school nurse and a panel discussion on food poisoning. **Hampstead:** a doctor's talk on the heart. **Peninsula** in the Muskoka Lakes District considered its programme on artificial respiration and what to do in case of drowning accident, outstanding. **Bryans town:** a talk and film on cancer detection, husbands and others included in the meeting. At **Kleinburg** and **Nashville** a nurse from the County Health Unit spoke on polio and the vaccination programme and answered questions on other immunizations.

**Jubilee's** outstanding programme was a talk and a display of work taught in the local school by the home economics teacher. The report says: "The mothers not only saw their daughters were being taught the value of homemaking; they also saw how they could help the girls. **Mimosa** reported a demonstration of "A Quick Sunday Dinner." **Eady, Cookstown, Tec-We-Gwill, New Lowell** a demonstration on "The Whys and Hows of Using Honey." **Ilderton Juniors:** a programme on good grooming, posture, becoming styles and colours. **Lucan Juniors:** a demonstration on smocking.

At **Moncrief's** health and home economics meeting a doctor gave a talk on First Aid and demonstrated artificial respiration. Preceding the meeting the 4-H Homemaking Club girls who had just finished "The Milky Way" project prepared and served supper to the Institute members.

At **Thornton** the woman who had won the "Best Cook" title at Barrie Fair, working with a committee gave a cooking demonstration. And the 4-H Homemaking Club girls told about their work. **Baltimore** was "happy to have a local girl formerly a club girl now a student at Macdonald Institute as speaker on their "outstanding programme."

These are some of the popular programmes relating to Agriculture and Canadian Industries:

**Reidville:** a programme on farm improvement. **North Tarentorus:** a spring meeting where the agricultural representative spoke on landscaping the home grounds and the women exchanged bulbs and gardening hits. **Tara:** a talk with slides on landscape gardening. **Forestville** for their family night had a showing of films by their District Director of Conservation. **Rutherford:** a paper on reforestation. **Richview** a talk on the Humber Valley conservation. **Rushview:** an illustrated address on conservation. **Lakeview Parry Sound:** a programme on Canadian forests. **Caledon:** a talk by the chairman of the local conservation authority.