

Here and There With the Institutes

Notes From Reports of Meetings

Editor's Note: The "Here and There With the Institutes" news in this issue is taken from the Reports of Meetings made out by the branch secretaries. Our idea is not to publicize what any Institute has done during the year, but to report programme features or lines of work or ways of getting things done that may carry suggestions from one branch to another. We hope no Institute will be disappointed if its work is not mentioned here. Sometimes the most effective Institutes are working along lines so well known that their programme may not have anything special to suggest to other branches while it may be doing the best possible things in its own situation. At the same time we thank the branches that have supplied us with the notes recorded.

Outstanding Programmes

Nestleton makes this suggestion: "Please do not ask for outstanding programmes. The conveners all prepare good programmes, putting a lot of thought into each one and it creates an embarrassing situation to have to pick out the best when they have all been good."

We see the point of this suggestion. Perhaps in the forms to be sent out next year the question: "What was your outstanding programme of the year and why do you consider it outstanding?" could be changed to "Was there any topic on your programme for the year that you would especially recommend to other branches? And why do you recommend it?"

In most branches, programmes followed the lines of the standing committees and we have grouped them under these topics. Apart from these, a great many branches placed first the programme given by the 4-H Homemaking Clubgirls, or the Christmas meeting or the Grandmother's meeting or the visit from the District President. Because of the coming A.C.W.W. Conference some branches were most interested in a programme on Ceylon.

In Home Economics and Health, **Nestorville** reported that discussions on these subjects, home economics and health, "seemed of most benefit to the members." **Spry** reported a talk by a doctor on preventing accidents to children. **Purple Valley** had a variety of demonstrations including table decorations and place settings for a banquet and for a children's party, pastry making, covering a belt buckle, making a hand lotion and a hair shampoo. **Elders Mills** placed first demonstrations in bread making; **Langford**, a breadmaking demonstration and for the roll call "A sandwich plate." (We don't know whether this meant suggestions for a sandwich plate or the presentation of the actual sandwiches.—Ed.) **McCrimmon**: "A member showed how to make bread and save money."

Alloa Juniors: "A meeting when our County Home Economist spoke to us on Junior Institute work; we had a discussion on home decorating led by one of our members; another member brought one of her oil paintings and spoke on painting; and in the joint session with the Junior Farmers one of the Junior Farmers spoke on landscaping the home grounds." **Vellore Juniors**: a demonstration of table setting and table manners. **Caledon Juniors**: a talk on "Cuts of Meat" with good illustrative material. **Williscroft**: a paper on "Poisons and Their Antidotes," followed by a lively discussion. **Teeswater Juniors**: a programme on Cakes—the roll call "A Cake Recipe," the topic "Ways of Cutting and Serving Cake" and a demonstration on decorating a cake. **Tiverton Juniors**: a programme on flower arrangement, the roll call answered by one's birth month and flower. **Kincardine Juniors**: a talk by a Public Health Nurse on Childbirth with a distribution of books on Child Care.

Hepworth's most outstanding programme included a debate "Resolved that people were healthier and happier sixty-five years ago than now" and an "amusing orchestra composed of members."

Paris Plains: An interesting suggestion from this Institute is that a member gave a talk on Mental Health and distributed other short papers to the other members to read. This was followed by a discussion.

Whitechurch gave first place to a programme on flower arrangement with a quiz on flowers. **Britannia**: a flower show with a demonstration of flower arrangement by a local florist. **Lavender**: an exhibition of home-grown flowers with a contest "Make and wear a corsage." **Good Luck**: Three members demonstrated supper dishes and served them for lunch at the meeting.

Wolfe Island had this programme for their Home Economics and Health meeting: Roll Call—"A tip on good manners"; a question and answer period on spot and stain removal; a paper "Chemical Hazards in the Home"; and demonstrations on the newest method of artificial respiration and a cake mixed and baked in the same plan. The cake was served at the close of the meeting.

Dunrobin: the December meeting with a Christmas programme and representatives from the Red Cross giving talks on the work of Nursing Aides and presenting pins to eighteen new Aides who had taken the Home Nursing and Civil Defence course sponsored by the Institute and given by an Institute member and her daughter, both registered nurses.

Galetta: the Home Economics and Health programme. They had a donation of jam for the hospital; a "prospective member" gave a