

"So, you see, as we meet here this week and talk about things that have a definite effect on our lives and our future satisfaction, we must do some hard, straight thinking, and see beyond the immediate pleasure of the moment, to the ultimate destiny of our lives. I know that you will accept the challenge of this week, and start living not for today only, but for tomorrow."

A Girl and Her Career

"Where Are You Going" was the subject of a talk on choosing a career, by Miss Doris Baskerville, Lecturer on Child Psychology and Human Relations at Macdonald Institute and who, beginning next term, will be Dean of Women and Students' Counsellor.

Miss Baskerville remarked that it was not long since there were few careers open to women; now a girl has many opportunities and most girls want some work of their own to do in the space from the time they leave school until they are married. And it is important to choose a career early in the high school years so that the necessary high school work will be taken. For example, entrance to the degree course in Home Economics at Macdonald Institute requires nine papers in Grade XIII and one of these must be Chemistry.

In choosing a vocation a girl should consider the job's requirements and its advantages and her own abilities. The girls were given sample questionnaires such as are used by vocational guidance counsellors and they were advised to discuss their problems with the vocational guidance person in their high school. They were advised to look into a job thoroughly so that they would not be misled by the glamor on the surface; to consult with people already in the profession and if possible to have such people speak to the high school students. Some questions to ask about a vocation are: Does it offer opportunities for advancement or is it a dead end street? Is there a good chance of employment? Is there a brief age period of employment as in the work of an air-line hostess where a girl is not employed after thirty? Is the occupation limited to your own province or can it be followed anywhere in Canada? In a field like home economics what are the opportunities in its different branches such as dietetics, extension work, teaching? If the cost of the necessary education is a problem, the girls were advised to investigate scholarships and bursaries.

A Girl and Fashion

With the five newly appointed county home economists acting as models, Miss Vivian Wilcox, Stylist of *Chatelaine* and *Style Magazine* discussed fashions. Miss Wilcox advised the girls to ask themselves these seven questions before buying a dress or other apparel.

"It is becoming?" "Learn to know your good points and your bad points so that you will know whether you can wear a dress even

before you try it on," Miss Wilcox said. "Thinking of clothes you have worn that have been especially admired will give you a clue. The becomingness might be in either the cut or the color."

"Is the dress suited for your use?"

"Does it fit?" Sometimes alterations are worth paying for but not always.

"Does it go with whatever else you have that you might want to wear with it?" Consider this from the standpoint of both color and style.

"Will it give you your money's worth in fashion?" Miss Wilcox explained that classic fashion is a type that will last for years. "High fashion" may change. It is economical to keep to classic fashion mostly and for passing fashions to keep to the incoming trends.

"Will you get your money's worth in wear?" "How long will you want to wear the garment?" It is good sense in buying a winter coat to pay a good deal for it and to wear it for several years. A party dress will not be worn for long so it should not be expensive.

"Will you feel at home in it?" It is important to buy clothes in which you "feel at home" right from the start. Occasionally it is interesting to venture into some in which you may not feel at home at first but which you will grow to enjoy wearing very much.

Miss Wilcox told the girls that they could be leaders in their communities in being properly dressed for whatever they do at work or at play; and she said that country girls were fortunate in that "suburban clothes are very popular just now — not sophisticated, but wearable clothes such as tweed suits, camel's hair coats and sweaters." Part of the fashion show featured various types of sweaters, the sports style to be worn with slacks or a tweed skirt, a white sweater with a suit of pink tweed flecked with white, a fine black wool with a black velveteen skirt for an informal party. Miss Wilcox gave an attractive touch to this black costume by adding a pale pink ribbon scarf and a flower of the same color. Another part of this fashion talk was the choice of colors in blouses to wear with suits of a contrasting color.

A Girl and Her Family

Speaking about a girl's relationship with her family, Ethel Chapman of Home Economics Services, stressed the importance of a girl learning to think and plan for herself, but she said "at the same time, living with your family may do something for the fullness of your life and the enrichment of your personality that nothing else can do."

On the question of the much talked of "conflict of the generations," over such things as clothes, late hours and social customs in general, the speaker suggested that the way for a girl to avoid criticism of modern clothes is to use the best in modern styles that no one will want to criticize. If her parents worry about her keeping late hours sometimes, the thing to