Material Suitability—The material a good choice for article Harmony—Fabric, thread and trimmings harmonizing Quality—The quality suitable for the purpose Workmanship In Embroidery — Evenness of stitches etc	5 5 5	50	In Knitting, Crochet, Evenness of stitch an ends, etc. In Machine Stitching and tensions, etc. Suitable finishes on all Variety of workmansh ited; e.g. fabric pair ferent kinds of en
stitches, etc.			crocheting, crafts, e

Tattingd finish of - Length articles. ip exhibnting, difnbroidery, tc.

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An Interesting Food Exhibit

The executive in London send this account of an interesting A.C.W.W. exhibit:

"A most unexpected job came our way this spring. The Daily Mail, one of Britain's national daily papers, organizes an Ideal Home Exhibition in London, in which exhibitors from all over Europe and the British Commonwealth display their goods for four weeks, to over a million people each year.

"This year the organizers decided that they wanted an International food display as a companion piece to the County Fare demonstrations run by the Women's Institutes of England and Wales, and asked A.C.W.W. to cooperate. A hurry call was sent out to members of the Executive who got together, decided on which of their national dishes they would produce and set to work. Cables whizzed, and ingredients from all over the world were

flown to London: Toheroas, a shell fish, from New Zealand; Okra and eddo leaves for Callaloo, a soup, from Trinidad; spices from India and Pakistan; galahs, a parrot and kangaroo tails from Australia; mutton birds from Tasmania; traditional wedding cakes from Scandinavia and complete dishes from Ceylon. One of Finland's contributions was a Sandwich Aurora Borealis made of reindeer meat.

"Everything arrived on time and the dishes were set up in big glass-fronted refrigerators in one of the prettiest exhibits in the show with gay little flags of all the countries around (Australia, Canada, Ceylon, Denmark, Finland, France, Germany, India, Kenya, Holland, Malaya, New Zealand, Norway, Pakistan, South Africa, Southern Rhodesia, Sweden, Switzerland, Trinidad and the U.S.A.), with the words 'Associated Country Women of the World' across the back of the stand."

F.W.I.C. Cultural Activities

By Mrs. R. Partington

Dear Women's Institute Members in Ontario: Greetings to each one of you!

I am very proud to have been chosen to be your Convener of Cultural Activities, am well aware of the responsibility I am undertaking, but am so glad to work with and for you.

For you who are open to suggestions for 1956 I would like to suggest we make this a 'Music' year. Some of you, I know, stressed Music in 1955, so I feel sure you will be carrying right on, for Music isn't something you can just turn on and off; it just grows with you.

I notice Alberta features a Women's Institute Choir at its Provincial Convention, and I am sure they would be proud to have us all copy them.

Let us encourage and co-operate with local teachers who are trying to impart a love of music to our young people. Any kind of music is such an asset in our lives. Whenever you hear someone sing, don't you get the feeling that there is a happy person who would be nice to know?

During the year, make a study of the life and works of at least one great composer.

Compose some choruses or songs, to the tune of familiar melodies, suitable for singing at Women's Institute gatherings. Send to me at any time during the year and I'll see what I can do about putting them together for use by our Women's Institutes.

Could we have more District Music Festivals?

Let us really make this a Musical Year from coast to coast.

This is the year to work on the Tweedsmuir Competitions so as to have them ready for the National Convention in 1957. Keep working at those Village Histories. It is a most worth while work you are doing, preserving for all time the history of our country. So much is already being lost just for want of recording.

If you have anyone in your Women's Institute with any ability at all, do encourage them to enter a painting. Who knows, you