

A "Fix and Fit" clothing class of Seaforth Institute with Miss Eleanor Kidd (standing), Supervisor of Clothing in Home Economics Extension Service. For this course the women bring garments that don't fit just right and the instructor shows how to make the necessary adjustments — a sort of "clothing clinic."



Home Economics Extension Briefs

THE HOME Economics Extension staff have been busy this fall with the heaviest schedule of courses in years. The following comments from their reports and an occasional note from an Institute give a picture of this work not found in any general review or announcement. They remind us, too, of how definitely extension work is a co-operative effort of the extension worker and the people she works with.

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The teacher of Millinery, a new course this year, made this report:

"When we begin a Millinery course we find that one hat leads to another. We discover new ideas, new materials, new sources of inspiration.

"At Meaford, the ladies made five or six hats from a lovely velvet evening dress brought in by one class member. The dress had scarcely been worn, but the hats will be,



At Island Falls Institute's Millinery Course with Miss Nora Creyke (upper right), instructor from Home Economics Extension Services.

and no two looked alike. In this same class a nine-year-old girl, with only a very little help from her mother, made an angora hat. The work was very even and neat, and the hat most attractive.

"Music notes decorated a hat designed by a class member at Island Falls. It is of interest that music notes decorated a hat shown the next week at Eaton's Fashion Show. Crocheted and knitted hats take on shape and smartness when made over a firm foundation, or worked directly on one. Several of these are made in the Women's Institute Millinery classes."

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Following are notes from other extension workers:

"This was a pleasant group, all anxious to learn. They really wanted something on emergencies." (This was a class in Health Education.) "So the classes continued long after the hour of closing. Medical help is a long distance away and they have to rely on their own efforts. Even artificial respiration was demonstrated — and practiced."

"The schoolhouse where the meeting was held is located in the wide, open spaces and one wondered where all the women came from, also the three small mice that played in and out of the register."

"The course in 'Medicine Yesterday and Today' was attended by eight women — one who walked nearly five miles to attend — plus the school teacher and thirty-seven school children — a very attentive group."

"Previous to the course the women had scrubbed the floor and this was by far the cleanest hall, for an old building, in which I have ever had a course. Most of the twenty-one members are very young mothers."

"The hall was not open until ten o'clock and not warm until noon."

"When the Needlecraft course was given an Institute member who operates the local telephone switchboard took her holidays so that she could take the course."

A women from a very new Institute in Kenora district wrote: "We were pleased to