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You who are letting miserable misunderstandings run on from year to year, meaning to clear them up some day; You who are keeping wretched quarrels alive because you cannot quite make up your mind that now is the day to sacrifice your pride and kill them; . . . You who are letting your friend's heart ache for a word of appreciation or sympathy which you mean to give him some day. If you could know and feel, all of a sudden, that "the time is short", how it would break the spell! How you would go instantly and do the thing which you might never have another chance to do!

—Phillips Brooks.

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movies, fashion shows, contests of speed and strength had proved a good way of raising large sums.

"Wise spending is important too" said Mrs. Haggerty. "Look carefully into every appeal for money. Sending delegates to a conference is wise spending, and since some of our older women aren't eligible to come to the conference at Guelph, could they be sent to the Institute Holiday at Guelph or Kemptville?"

Mrs. Leslie Davis spoke on developing the talents of the members. "Institute women through their meetings and courses have something in the way of a university education" Mrs. Davis said. "Sometimes having ability to do a job is not so much due to talent as to effort. Fear keeps many women from undertaking to do things." In a test asking a group of women why they would not take office some of the answers were "not enough education," "fear of criticism," "indifference," "too old"—but eighty-five per cent said they were "too nervous." Getting women working in a group is a good way to get them started; they find their ability that way, Mrs. Davis said. And she added "More and more women are realizing their responsibility in community affairs. In a group we learn, to quote Mrs. Sayre, 'to compose our differences'; so we should be capable of sitting on school boards and councils."

Leadership In The Family

Mrs. Ellen Fairclough, M.P. after paying a tribute to the ingenuity of women said: "I have always had very strong opinions on what should be made of family life." Then she sketched what is happening to family life. Rapid transportation and the radio have changed our outlook. We read the press, listen to the radio, swallow things whole and feel we can talk glibly about the affairs of the day. We have many enticements to take us away from our firesides. Perhaps in the country where we have large comfortable houses there is more temptation for families to stay at home together.

"Whatever other interests we have, as adults we have a great and glorious duty as parents," Mrs. Fairclough declared. "In the hurry and

flurry of the times we must find time for close contact in the family."

The speaker felt that two phases of education which should be given in the home are education in religion and politics. A woman has many responsibilities in her home; she is adviser, comforter, nurse, cook, teacher, controller. More important still she must teach her children to be tolerant and how to think and feel about things. Perhaps we fail to teach a healthy respect for tradition and what it means to inherit this country. And more important than what we teach, is what the atmosphere of our family life does to prepare children for life by giving them happiness, tolerance and fortitude. We must instil in children a great faith—faith in our country and in the institutions that are the basic foundations of our life. We must try to counter ridicule of these institutions. We must build up in children a respect for the law and order on which our freedom has been built. Never was there a time when we so much needed a patriotic fervor and a religious devotion.

A.C.W.W. News

Mrs. Hugh Summers, Regional Vice-President of A.C.W.W. announced that Mrs. Sayre had been honored by President Eisenhower in

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WATERING LAST YEAR'S CROPS

"It's but little good you'll do, watering last year's crops." Yet this is exactly what I have seen hundreds of my patients doing in the past twenty-five years—watering with freely flowing tears things of the irrevocable past. Not the bitter-sweet memories of loved ones, which I could understand, but things done which should not have been done, and things left undone which should have been done.

I am a doctor, not a preacher; but a doctor, too, must try to understand the joys and sorrows of those who come to him. He should without preaching be able to expound the philosophy that one cannot live adequately in the present, nor effectively face the future, when one's thoughts are buried in the past.

Moaning over what cannot be helped is a confession of futility and of fear, of emotional stagnation—in fact, of selfishness and cowardice. The best way to break this vicious, morbid circle is to stop thinking about yourself, and start thinking about other people. You can lighten your own load by doing something for someone else. By the simple device of doing an outward, unselfish act today, you can make the past recede. The present and future will again take on their true challenge and perspective.

As a doctor I have seen it tried many, many times, and nearly always it has been a far more successful prescription than anything I could have ordered from the drug store.

—Frederic Loomis.

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