

useful properties. This is especially true for the new synthetics which have cost millions of dollars to put into commercial production, from basic research and endless testing and trials. They just wouldn't have lasted this long if they hadn't been valuable for certain purposes. It's up to us to learn those special purposes, and not to buy them for the wrong uses.

Q: Why do they mix the different fibres?

A: I suggested earlier that blends can make fabrics better. It's rather like mixing flavours to bring out the best in each food. You take wool and add nylon for resistance to rubbing, like at the heels of socks. The nylon's poor moisture absorption and tendency to form static and pill is thereby relieved at the same time. This is the basic principle behind blending most of the new fibres. There is now very little of the old "add some cotton to wool to make it cheaper" approach.

A Final Word From Mrs. Humphries

As you carry on this project on "Know Your Fabrics", especially if you find it interesting enough to make observations from your own wardrobe and sewing experience, I'd like to assure you that your comments and questions and beefs can be poured into CAC's ears. We are delighted when we find consumers at any age conscious of what they buy and how they use it. If you think the makers or sellers are lacking we'll tell them for you. If your problems arise from your own lack of information, we are trying to make that up in our bulletin each month. In other words, what you think of that blouse you buy, or what went wrong with that suit, can be registered directly with the only group representing us all as consumers. We'd be glad to hear from you about problems you see the rest of your family having with fabrics, too. To use goods wastefully is inefficient: To learn to use them well is to do a good job.

In Memory of Eileen Ness



Left to right: The late Eileen Ness, Rhea Simpson and Miss Florence Eadie, discussing an exhibit of sandwich trays in "The Club Girl Entertains" unit at Prince Edward county Homemaking Clubs' Achievement Day.

With a deep sense of loss and sorrow we record the death of Miss Eileen Ness of the staff of the Women's Institute Branch. Miss Ness was injured in an automobile accident on April 4, and died in a Montreal hospital a week later. She was a daughter of Mr. and Mrs. Douglas Ness of Howick, Que.

Since her graduation from Macdonald College, Quebec, in 1952, Eileen had worked with the Junior Section of the Women's Institute Extension Services, as Home Economist in Lennox and Addington, Prince Edward and Hastings counties. Her attractive, sunny personality, her dependability, her high standards, her enthusiasm and her kindly understanding made a host of friends for her among members of the Women's Institutes, the Girls' Homemaking Clubs, and their leaders, the Junior Farmers and Junior Institutes, and her co-workers in the county Departments of Agriculture and the Women's Institute Branch.

Our deepest sympathy goes to those most intimately concerned in the untimely death of this much-loved and promising young woman.

An Officers' Refresher Course

Mrs. D. W. Weese, District President of the Lennox County Women's Institutes, reports an interesting "Officers' Refresher Course" for the district.

Members from different branches gave five-minute comments on 'Balanced Programmes', 'Consideration of a Speaker', including how to introduce and thank a speaker, 'How to handle lengthy business periods', 'We are not a money-making organization', 'Securing new members', 'Consideration of a Convener', and the duties of president, secretary-treasurer, conveners and other officers.

There was a panel discussion on the topic "Holding Office in the Women's Institute". Some of the questions discussed were: "Do you agree that holding an office in the Institute is not only a privilege and a pleasure but is to the member's advantage?" "Do you think most Institute members are capable of some leadership?" "Why are so many members reluctant to hold office?" "Is it a good idea to have the family 'Institute conscious'?"

Mrs. Earl Hawes gave a most enjoyable address on Institute work; there was assembly singing including "The Women's Institute Carol", and an open discussion period when any member could ask questions. Suggestions for Roll Calls were written on a black board so members could copy them in their note books; and the afternoon closed with a tour of the County Memorial Building where the meeting was held. The president adds: "It was a lot of work but the results are worth it."