At the Central Ontario Convention Mrs. J. E. Houck of Brampton urged the delegates to remember that the Women's Institute was started as an Adult Education Organization, and that that is still its primary function — Adult Education. You, in your Institute will have achieved that basic purpose if your programmes are so planned that the individual member—which again is you—can feel that your Institute year has

- (a) been a year of definite accomplishment to you;
 - (b) enriched your life;

- (c) broadened your vision;
- (d) helped solve your problems as a wife, mother, homemaker, citizen;
- (e) given you a foundation on which to build for the future.

Editor's Note: This very fine article by Mrs. Hayes will stand rereading and study. In the light of its guidance we suggest that members begin now to think about what they would like to have on next year's programme, write down the ideas and topics that come to them and carefully choose the best to pass on to the Programme Committee.

Eastern Ontario Woman's Institute Holiday

The Women's Institute holiday held at Kemptville Agricultural School in August began in real holiday mood. First the guests were welcomed by Mr. A. M. Barr, Principal of the School, Miss Ruth Rorke, Director of Home Economics, Mrs. R. G. Purcell, President of the Federated Women's Institutes of Ontario and Miss Anna P. Lewis, Director of the Ontario Women's Institute Branch and Home Economics Service. Then they were taken on a "hayride," a tour of the school farm in a hayrack drawn by a tractor, to inspect the experimental plots. That evening there was a play party, a session of singing followed by games and folk dancing led by Miss Orphie Orr of Community Programmes Branch, with Mrs. Halpenny of Lanark at the piano.

There was another most enjoyable evening when Miss Lewis and Miss Rorke took the crowd out under the stars, set up a screen and gave a showing of coloured pictures taken on their trips abroad. And as always, through the kindness of Miss Rorke, the evening closed with a snack and a social hour in the common room.

Mrs. Purcell very ably led the devotional exercises each morning. In the interest groups that featured the morning programmes, "Design in Homecraft," conducted by Miss Audrey Spencer, "Design in Furniture" by Miss Jeanne Armour, and "The Enjoyment of Poetry" by Miss Ethel Chapman, the women entered wholeheartedly into the discussions. They were also ready with questions for their guest speakers, Mr. W. M. Croskery, Agricultural Representative for Carleton County, who spoke on "Farmstead Improvement," Mr. Dan Cameron of the Central Experimental Farm whose topic was "Plant Breeding," and Mr. Harold Stephenson of Maitland, Advertising Consultant and author of the book, "How to Improve Your Farm Kitchen," published by the Canadian Lumbermen's Association. Mr. Stephenson showed slides of actual kitchens on Eastern Ontario farms with suggestions for remodelling. A number of the women



The visitors were taken on a "hayride", a tour of the school farm in a hayrack drawn by a tractor.

felt that they would like to continue this study in their local Institute, and Miss Lewis announced that the Institute Branch has a study kit on Kitchen Improvement to send out to any Institute asking for it.

On the last afternoon the women were taken to see the Forestry Station near Kemptville, and the District Forester, Mr. W. E. Steele discussed with them how the Institutes can help in the provincial conservation programme.

The women were so enthusiastic about this "vacation" at their Agricultural School that plans are already underway for another Eastern Ontario Women's Institute holiday next year.

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"If women would only be content to snip away at the symptoms of poverty and distress, feeding the hungry and clothing the naked, they would be much commended for their kindness of heart; but when they begin to inquire into causes, they find themselves in the sacred realm of politics, where prejudice says no woman must enter."—Nellie McClung