HOME AND COUNTRY

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Correspondence should be addressed to "HOME AND COUNTRY" The Women's Institute Branch and Home Economics Service Department of Agriculture 1207 Bay St., Toronto 5.

This paper is distributed through the secretaries of Women's Institutes to the Women's Institute Members.

EDITORIAL COMMENT

The Larger Issue

This larger issue of HOME AND COUNTRY is sent to you compliments of the Women's Institute Branch and Home Economics Service. It is not our intention to establish a precedent. Subsequent issues will be eight pages or four pages as has been our policy.

In the past, two issues of HOME AND COUNTRY have been financed by the Women's Institute Branch and by the Women's Institute Branch and Home Economics Service and two issues by the Federated Women's Institutes of Ontario. At the April Board Meeting, F.W.I.O., on the recommendation of the budget committee, voted to pay for only ONE eight page issue of HOME AND COUNTRY per year. This necessitated the omitting of the Spring 1949 issue. Hence several articles were held over until Summer issue and subsequent issues. and subsequent issues.

To bring you up - to - date with Women's Institute activities the Women's Institute Branch, with the grateful approval of your provincial president, are providing this larger issue.

Anna P. Lewis, Editor.

YOUR LOAN LIBRARY

A SERVICE FROM THE WOMEN'S INSTITUTE BRANCH FOR YOU

INSTITUTE BRANCH FOR YOU
Libraries are one of the most ancient institutions. At first they were
storehouses where books might be
collected and preserved. Later, the
dominant purpose was to circulate
books—to find a reader for every
book on the shelves, a book for every
reader. From being passive recent

books—to find a reader had been books—to find a reader had been book for every reader. From being passive receptacles, they became aggressive agents for distributing information. Now, they are in the third state of development—a qualitative one, in which they seek to serve as guides to the records of human knowledge.

The tensions and uncertainties of our present world demand clear, intelligent thinking. It is the function of libraries not only to provide books and other reading matter, but also to stimulate interest and give the individual an understanding of the forces about him. It should also give him a means for richer and fuller living, widening his appreciation of music, literature, art and the finer things in life. Libraries hold a powerful force for world peace. Citizens of the world must develop an understanding of one another.

understanding of one another.

The Loan Library of the Women's
Institute Branch and Home Economics Service has been established to help Service has been established to help you with Institute work and to assist members in preparing papers or addresses. The filing is done under the Standing Committee Headings i.e.—Agriculture and Canadian Industries, Citizenship and Education, Community Activities and Public Relations, Historical Research and Current Events, Home Economics and Health, Resolutions and Junior Institute Activities. There is also miscellaneous literature on Biographies, Contests, Special Days and Inspirational articles.

The material is in the form of newspaper, periodical clippings and bulletins of pertinent interest to Women's Institute members. This service is provided free of charge to all rural women and girls in the province. It is loaned for two weeks. We do not aim to send out prepared papers but simply material from which the borrower may compile her own paper to suit the particular group she is addressing.

The following are sample requests: REQUEST "Please send me the story you with Institute work and to assist

The following are sample requests: REQUEST "Please send me the story

of the Mary Stewart Collect."

As we have had several requests for this, we are printing the story in full.

For many years Canadian Women's Institutes have been opening their Institutes have been opening their meetings by repeating in unison what they have called "The Club Women's Creed". This prayer was written in 1904 by Mary Stewart when she was principal of a High School in Longmont, Colorado, her first position after college. The friendly Longmont women made her a member of their Fortnightly Club, which was her first grown-up club experience. The first grown-up club experience. The first gleam of what women working to-gether might accomplish came to her as she worked in the Fortnightly, and as she worked in the Fortnightly, and this largely through an extraordinary woman, Mrs. Ira Herron, to whom she first read the collect. It was written as a prayer for the day and she called it a Collect for Club Women because she felt that "women working to-gether with wide interests for large ends was a new thing under the sun gether with wide interests for large ends was a new thing under the sun and that, perhaps, they had need for special petition and meditation of their own."

The first printing was in an obscure corner of a well-known American magazine. In 1909 Paul Elder and corner of a well-known American magazine. In 1909 Paul Elder and Company of San Francisco printed it as a wall card. This copy, along with earlier copies was signed "Mary Stuart" a spelling she used until 1910 as a pen-name. Since then the spelling "Stewart" was used for both pen-name and signature. The cellect spelling "Stewart" was used for both pen-name and signature. The collect has been reprinted in many forms, in many lands, and has an official place on hundreds of programmes of women's organizations.

REQUEST: "Next month our meeting the programmes and Canadian Inc.

is on Agriculture and Canadian In-

dustries. We have decided to have a panel discussion on "The World Food Situation". "What helps can you Situation". send us?"
REPLY: At this time the World Food

REFLY: At this time the World Food Situation is a very timely topic, especially for farm women.

F.A.O. means Food and Agriculture Organization which is an organization set up by the United Nations to deal with world problems of Food and set up by the United Nations to deal with world problems of Food and Agriculture. It has set 1960 as a target date on which the world is to achieve a basic ration of 2600 calories a day; this means an over-all increase of ninety per cent in world food production.

duction.

C.F.A. is the Canadian Federation of Agriculture which is the national farm organization of Canada.

I.F.A.P. is the International Federation of Agricultural Producers. It is composed of representatives from national farm organizations of many countries.

You might discuss what is being done by each and how it concerns the Canadian farmer.

Canadian farmer.
You may find the pamphlets entitled "One Hungry World" and "Survey of Graphic Food" helpful. The housewife's part is outlined in an article "Food Around the World".

we are also sending material on Soil Conservation as we need to recognize that loss of productive land anywhere on the face of the globe affects the people of every other part of the world.

If your discussion is presented as

of the world.

If your discussion is presented as challenges to women in the community we are sure it will be an in-

spiration to your members. REQUEST: "We are interested in

REQUEST: "We are interested in compiling a Tweedsmuir History Book. Would you please send us instructions on how to do this." REPLY: In response to your request for instructions on How to Compile a Tweedsmuir History Book, we are pleased to forward you this, under separate cover.

The programme planning folder.

separate cover.

The programme planning folder contains clippings from past issues of Home and Country on "How to Compile", "Scores for Judging" and "Tweedsmuir Cup Competitions."

The Federated Women's Institutes of Ontario have had copies of the Foreword printed in a suitable form for the books. These along with nice

for the books. These along with pic-tures of Mrs. Hoodless and Lord and Lady Tweedsmuir are available from Mrs. J. H. McCulloch, R.R. 2, Brampton. The price is five cents each or three for ten cents. The Federated Women's Institute seals in three sizes 1", 2½" and 4" in blue and gold are 1", 21/2" and 4" in blue and gold are one cent each.

We hope you will find the compil-

ation of your book most interesting and instructive. REQUEST: "Please send me material help me prepare a fifteen minute k on Current Events at our Women's Institute meeting two weeks

from today."
REPLY: When preparing your paper on Current Events think of the meanon Current Events think of the meaning of the word Current. See it as a stream flowing perpetually from the past to the future. Then the Current Event is the event which shows how the current is flowing.

May we suggest that you divide your paper under headings as:
World Events of Interest, British Commonwealth News, United States, Canada, Ontario Local Happenings.
Select those which are of special interest to the women and girls to whom you are speaking. Adjust these selections to the time allotted, choosing what seems to you of most

choosing what seems to you of most

we are forwarding material to you on the Atlantic Pact and Newfoundland. The Atlantic Pact is, of course, a pact for defense. You may wish to make a study of the Text of the Treaty so we are sending this. Of the first fourteen articles numbers five its fourteen articles, numbers five, six and nine are vital ones. Article nine sets up a council which will work out ways of making the pact effective.

Since Newfoundland has become a province of our Dominion we should be vitally interested in it, therefore, we are sending literature on its geography, historical background, re-

sources and union terms.
REQUEST: "As I have been asked to give a demonstration on School Lunches at our next Institute meeting, I would appreciate some literature to help me prepare it.'

REPLY: Important as the three R's to your children's future are food habits they learn. It has been proved that a well balanced school lunch frequently has a definite bearing on the monthly report card.

We are sending some bulletins out-lining the basic plan as to what a good lunch contains, sample menus, and various types of containers.

Perhaps we can give you some additional help. A demonstration to be effective should be simple in procedure, not too long and humor introduced if possible.

Study and prepare your subject matter. Then plan the various steps in logical order explaining clearly

in logical order explaining clearly every step.

List the equipment you will need and check to see that you have it on hand before you begin.

Work in full view of your audience, Voice, personal appearance, poise and confidence add much to the effective-

Illustrative material will add interest and you can emphasize important points on charts and posters. For example you might show various ways in which variety can be introduced in the lunch.

Good luck with your demonstration!

Good luck with your demonstration!

THE FOLLOWING SUGGESTIONS ARE GIVEN FOR THOSE WRITING IN FOR MATERIAL:

Requests should be made at least ten days in advance of the date upon which the material will be required stating the aspect of the subject which will most interest your group. Names should be signed legibly. Packets should be returned in good conditions within two weeks after the

conditions within two weeks after the

Return the loan material in the unsealed envelope in which it was received. Return postage is to be paid by the borrower.

Write "From" in front of your name and address envelope clearly to

-Loan Library, Women's Institute Branch and

Home Economic Service,
Department of Agriculture,
1207 Bay St., Toronto 5, Ontario.
(Contributed by Mary Thompson,
Loan Librarian)

ONTARIO AWARDS IN A.C.W.W. COMPETITION

"The Country Woman's Day"

"The Country Woman's Day"
The following are the winners:
1. Glasgow Women's Institute—
Renfrew S. District—Mrs. Wm. H.
Hamilton, Glasgow Station
2. Winchester Women's InstituteDundas District—Mrs. Gordon Ennis,
R.R.2, Winchester
3. West Oxford Women's Institute,
Oxford S. District—Mrs. R. G. Mayberry, R.R.4, Ingersoll
4. Kars Women's Institute, Carleton
E. District—Mrs. Harry Saunders,
R.R.3, Osgoode
Special Mention — Mount Forest
Women's Institute — Wellington N.

R.R.3, Osgoode
Special Mention — Mount Forest
Women's Institute — Wellington N.
District — Mrs. Harold J. Corley,
Fairview Farm, Mount Forest
Honourable Mention—
Embro and West Zorra Women's
Institute — Oxford N. District — Mrs.
J. R. McKay, Embro
Rosemont Women's Institute —
Dufferin N. District — Mrs. Wilfred
G. Solomon, Rosemont
Castleford Women's Institute —
Renfrew S. District — Mrs. Campbell
Humphries, Castleton

Renfrew S. District — Mrs. Campbell Humphries, Castleton Woodhouse Women's Institute — Norfolk S. District — Mrs. J. Hughes, Box 158, Simcoe Islay-Zion Women's Institute — Victoria W. District — Mrs. J. H. Christian, R.R.3, Woodville Moose Creek Women's Institute — Stormont District — Mrs. Wilfred Montcalm, Moose Creek