F.W.I.O. EXECUTIVE MEETING

(Continued from page 1) going to be called upon as never be-fore to meet this challenge and others.

Secretary-Treasurer's Report

Members of the Women's Institutes were invited to join the delegation sponsored by the Ontario Federation of Agriculture and were among those

of Agriculture and were among those who waited upon the Provincial Legislature re municipal health services.

More than 600 letters had been written since the beginning of the Federation year in October, besides the despatch of Hand Books, song sheets and pins

sheets and pins.

To meet expenditures which had amounted to \$2,310.57, the report of the treasurer showed that the balance on hand Oct. 1, 1941, has been reduced to \$50.71.

duced to \$50.71.

Six districts were congratulated for their prompt remittance of 1941-42 federation fees and other districts were urged to co-operate in sending fees in promptly after February to facilitate the financing of the Provincial Federation. There is a particularly heavy drain upon the treasury during the period following the annual meeting which requires a substantial carrying-over balance to cover all accounts until receipt of the federation fees, the chief source of revenue. revenue.

Mrs. Summers, as Convener, Mrs. Holmes, Mrs. McCrie and Mrs. Duke were named as a Finance Committee.

Jam Programme

Miss Clarke outlined the possible Jam programme which is being planned again this year in co-operation with the Red Cross Society. It was agreed that the Sugar Fund be handled in the Department at the Superintendent's discretion.

"Make Your Thinking as Valuable as Your Knitting"

These were the words of Miss Mary A. Clarke, Superintendent of Women's Institutes, in her message to the members attending Conventions the members attending Conventions held throughout the province last fall. This message so impressed Mrs. David Porter of Pembroke, a former board director, that she desired to have the idea ever before, not only Institute women, but every Canadian woman. Cards have been made to retail at 2 for 5 cents and Mrs. Porter presented a distribution scheme to the Executive which met with unanimous approval. which met with unanimous approval. These cards will be made available through Mrs. Porter and at district

International Peace Garden

It was learned that considerable work has been done on the formal section at the boundary line, but the progress made was not sufficient to completely cover the required area and allow the plans to proceed for the final and permanent planting of the section that has been allotted to the F.W.I.O.

Federated News

"Federated News," the new quarter-"rederated News," the new quarter-ly leaflet-letter, issued by Federated Women's Institutes of Canada and compiled by Mrs. E. Price, Publicity Director, made its initial appearance and was distributed to the members. Copies will be circulated to each Insti-tute in every province. tute in every province.

To every member throughout Canada, the Dominion President, Mrs. Harley Dunham, sends a personal message to 'Carry On' and couples with it best wishes and congratulations from the members of the F.W.I.C. Board. A letter of greeting was sent to Mrs. Dunham in acknowledgment of her inspirational message, and expressing the joy of message, and expressing the joy of the Ontario W. I. members in her re-covery from a lengthy illness.

Federation of Agriculture

Institute members in their agricultural pursuits were encouraged to co-operate and work with other recognized groups. The support of the Provincial Federation of Agriculture, by working with local study groups and county units was advocated. No action was taken in naming

a Provincial W. I. Representative to the Ontario Federation of Agriculture and the matter will be considered again at the annual meeting in November.

Photograph-Mrs. Hoodless

Photograph—Mrs. Hoodless

So many requests have come for photographs of Mrs. Adelaide Hoodless, founder of our Women's Institute movement, that the Provincial Board will look into the possibilities of obtaining copies for distribution.

The Department has sent a photograph of Mrs. Hoodless to the West Australian Countrywomen's Association to place in their head office at Perth, filling the request conveyed by the Associated Country Women of the World through Miss Elsie Zimmen.

Co-operative Programme

The new Co-Operative Programme in Home Economics as outlined by Miss Clarke to the Board placed emphasis upon and urged that every district and Institute study nutrition

and put its principles into practice.
In the closing exercises, Mrs. Duke called upon members to support the Co-Operative Programme, revised to meet today's pressing wartime needs, and that in a daing the programme. and that, in so doing the peacetime programme of the Women's Insti-tute would not be neglected and our war effort would be furthered.

April 10, 1942, Toronto.

Report On Resolutions

Hamilton Area,—Re resolution asking the Ontario Department of Agriculture and the Dominion Departculture and the Dominion Depart-ment of Agriculture for an educational campaign favouring the more liberal use of lard as a shortening as a matter of national economy. Reply from the Wartime Prices and Trade Board stated that changed conditions brought about by war would curtail the importation of vegetable fats and our home produced lard would all be needed to supply the

demand.

Hamilton Area—Re Naturalization
Act in Canada—Information stated
that the Canadian Government intended to establish a committee to
deal with questions of naturalization
and immigration in the near future

and immigration in the near future and the resolution would be submitted to this committee for consideration.

London Area—Re free transportation for men in uniform on home leave—The convener was advised that the Government had received many representations in this matter and mest careful consideration had many representations in this matter and most careful consideration had been given. Quotation from letter received re policy, states, "It is not felt that all the implications of, and factors involved in, granting free transportation are being generally recognized and it is considered that we must subordinate our very natural desires and inclinations in that respect to the exigencies of war services".

Barrie Area—Re resolution pro-

Barrie Area-Re resolution protesting Sunday excursion trains, or any commercialized entertainment throughout this province or Dominion on Sundays. Replies stated that matter would be given careful consideration.

Algoma and St. Joseph Area-Re Argoma and St. Joseph Area—Re girls eligible for membership in Junior Farmer organizations. Reply from Hon. P. M. Dewan, Minister of Agriculture for Ontario, granted girls membership in calf, potato and

Re Belleville Area Teaching in our Public Schools—Dr.
Duncan McArthur made reply that
provision is already contained in the
Public School Regulations allowing religious instruction by members of the clergy.

(Mrs. W. B.) Loreen Leatherdale,

Peel County.—A new project with the Institutes in Peel county is help-ing to entertain the airmen at the Malton Air Port. Those near pro-vide entertainment and lunch, and those too far away for this contribute financially.

WAR WORK

Central Fund F.W.I.O.

Receipts for the period from January 1 to March 31, 1942, total \$2,209.07 with disbursements \$2,155.68.

Chinese War Relief.

In response to an appeal from the Chinese War Relief Fund (registered under the War Charities Act), the sum of \$500.00 was donated from the Central Fund. This money was sent to Mme. Chiang Kai-shek to be used for the provision of comforts for war. to Mme. Chiang Kai-siek to be used for the provision of comforts for war victims. With China such a hard-pressed ally in the United Nations, this opportunity for service was welcomed.

5,000 lbs. of Seeds.
Final figures for seeds for England show that 5,000 pounds were sent at a cost of \$2,294.93.

Money for Blankets.

Contributions sent through the Central Fund to purchase blankets for the Red Cross Society have totalled \$1,642.25.

led \$1,642.25.

Air Craft.
South Renfrew district collected \$522.30 to be used for aircraft. This was sent through the Central Fund to the Ministry of Aircraft Production, London, England. The following reply has been received,—
"The Minister of Aircraft Production requests us to convey to all who con-"The Minister of Aircraft Production requests us to convey to all who contributed his warmest thanks for this generous gift and his appreciation of the spirit which prompted it".

Appeal for Maple Sugar

The Navy League has appealed again for small cakes of maple sugar,

again for small cakes of maple sugar, individually wrapped in waxed or white paper, for sailors of the Royal Navy, Royal Canadian Navy and Merchant Marine.

Last year, the response to this request, which was sent only to the maple sugar producing areas, was excellent. This year, the request has been sent throughout the Province and a still more generous response is anticipated. Each Institute secretary will have received a letter concerning. will have received a letter concerning

NEWS FLASHES FROM THE INSTITUTE

Henworth, Bruce Co.-Secured

Hepworth, Bruce Co.—Secured a piano for the junior room of the public school. This action was inspired by a talk on music by a vocal teacher. Nestleton, Durham Co.—Found "Historical Research' meeting most interesting. This was held in the oldest house in the township, a log cabin containing many relies of which the owner told the story.

Had a splendid paper on 'Federation of Agriculture', and members encouraged their husbands to attend the county farmers' meeting to organ-

and in Agriculture, and members encouraged their husbands to attend the county farmers' meeting to organize the Federation of Agriculture.

Reidville, Addington Co.—One member donated an apron and patches to be passed around the community, each person to sew some money under a patch. "Instead of having so many moneymaking affairs, we will have more time for necessary work'.

Newburg, Addington Co.—To get a first-hand picture of a Canadian industry, the members toured the Strathcona Paper Mill.

East Korah, Algoma Dist.—Placed three copies of the books on 'Protection of Wild Flowers' in each of the senior and junior rooms of the school.

Winchester, Dundas Co.—Three successive monthly meetings were given to programmes which brought

Winchester, Dundas Co. — Three successive monthly meetings were given to programmes which brought to the attention of the community the work of the high and public schools in health instruction, music and public speaking. At one meeting the public health nurse gave a talk and conducted a question forum, at the next meeting there was a musical programme by 70 public school pupils under the direction of the supervisor of music, and at the third meeting speeches were delivered by the three winners of the high school oratorical speeches were delivered by the three winners of the high school oratorical

Metcalfe, Carleton Co.—An illustrated lecture on Health brought in-

WOMEN AT WAR

The National Film Board, Ottawa,

The National Film Board, Ottawa, plans to make available films depicting the ways in which British and Canadian women are meeting the demands of war.

Full details of distribution are not yet ready. The local equipment required is a motion picture machine which will take a 16 millimetre sound film mounted on a single 1,600 foot reel for continuous showing. The running time of each programme is approximately 40 minutes.

Three programmes are available:

1. Airwomen (Women's Auxiliary Air Force).
Village School (in Britain)
Queen's Messengers (M Canteens).
Call for Volunteers (Winnipeg).

2. Auxiliary Territorial Services.
Citizens' Advice Bureau (in England).

Welfare of the Workers (in War Industry). Her Father's Daughter (Women in Factories).

3. Wartime Factory (Aircraft). Women's Royal Naval Service, They Also Serve (British Housewives). Women at War.

If you can secure the necessary If you can secure the necessary machine and are interested in further information concerning these films, please write to the Women's Institute Branch, Parliament Buildings, Tor-

CAMPAIGN FOR BETTER FOOD

(Continued from page 1, col. 1)

food to secure the best value for money spent; it can help in adjusting menus to a changed food supply, eg., sugar reduction and other changes which will be caused by a imited supply of a variety of foods; it can help to save food values by emphasizing proper care, preparation and service of food; it can help to realize short-comings in food practice local short-comings in food practice local-

short-comings in food practice locally, e.g., the need for better school lunches or for using more vegetables or whole grain cereals, so that these may be remedied.

A mimeographed four page leaflet, "Eat Less Sugar For Health and Victory" is ready for distribution by the Women's Institute Branch. It contains general recommendations and a few recipes for milk fruit and cereal

tains general recommendations and a few recipes for milk, fruit and cereal desserts using little or no sugar. Sugar substitutes have not been emphasized because of expense and because of their limited availability. To-day we are conscious of a new problem, "hidden hunger", the hunger of the person whose appetite is satisfied but who, nevertheless, lacks some of the essentials for good health. Let us unite in the campaign against this for efficiency and stamina.

quiries concerning pasteurization of milk and improved conditions around school wells and water supply.

Anderdon, Essex Co.—Having one convener of a standing committee report at each meeting has proved very satisfactory. It has led to discussions of reports and has created interest among the conveners so that each strives to have something worthwhile on her own programme. Better reports are sent to the district annual on her own programme. Better reports are sent to the district annual and to the convention.

Sunbury, Frontenac Co.—Made use of the radio on the evening of Mr. Roosevelts' speech. This formed part

Roosevelts' speech. This formed part of the programme.

Plainfield, Hastings Co.—At the October meeting, when the topic was Agriculture, the convener on Agriculture had an exhibit of 22 vegetables grown in her own garden. Those present examined the exhibit and later a prize was given to the member listing the largest number of vegetables.

a prize was given to the member listing the largest number of vegetables.

Tara, Bruce Co.—Has been meeting in homes again. For several years the meetings were held in a hall and the membership decreased.

(Note by Editor—Several Institutes have reported that meetings in homes are much better attended.)